

Macomb Township Parks & Recreation Department

R.E.A.C.H.

Recreation

Events

Activities

&

Center

Happenings

20699 Macomb Street • Macomb, MI 48042 • (586) 992-2900
(Off Broughton Road, south of 25 Mile Road)



Winter 2007

INSIDE:

**Where In Macomb
Is Frosty?**

See Page 8

Six String Cafe

Details on Page 9

**MRPA Hoops
Challenge**

See Page 10

Greek Isles Trip

Details on Page 19



DEAR RESIDENTS,

We hope you have had a safe and enjoyable holiday season. We believe 2007 will be an action packed and busy year for the Parks and Recreation Department. The Phase II expansion of the Recreation Center should be complete by late spring. The Parks and Recreation staff is extremely excited and anxious to share this new addition with our residents. Spring will be here before we know it.

With the winter months upon us, it is time to think about ways to stay active. We invite you to take a look at our R.E.A.C.H. program catalog. R.E.A.C.H. offers a variety of programs for all ages. Hopefully we have something that interests you and your family. Any feedback concerning our programs and department is always welcome. Please contact us at (586) 992-2900 or at parcs-rec@macomb-mi.gov.

Sincerely,

**The Macomb Township
Parks and Recreation Department**

PARKS & RECREATION

Creating Community Through People, Parks & Programs

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ON OUR COVER:

A wide variety of community activities are available through the Macomb Township Parks and Recreation Department.

REGISTRATION PROCEDURE!

RESIDENT REGISTRATION

Advanced Registration for Macomb Township Residents will take place Saturday, January 6, 2007 from 8:00AM-11:30AM at the Macomb Township Recreation Center.

Registrations will NOT be accepted after 11:30AM on this day.

WE ACCEPT CASH AND CHECK PAYMENTS ONLY. PLEASE BRING A DRIVER'S LICENSE OR OTHER PICTURE IDENTIFICATION.

RESIDENT WALK-IN REGISTRATION

Registrations will be accepted from Macomb Township Residents on Monday, January 8 and Tuesday, January 9 from 8:00AM-8:00PM at the Macomb Township Recreation Center.

SWIM LESSON INFORMATION

Those individuals wishing to register for swimming lessons who have not previously taken a swim test or participated in our swim lessons must take a swim test. Swimming tests will be conducted on January 6 during the time of registration. Additional swim test dates are January 8-11. Please read pages 3-5 in this brochure for detailed information regarding swim lessons and swim tests. **Only Resident Registrations will be processed January 6.**

Registrations will NOT be accepted after 11:30AM on this day.

MAIL-IN REGISTRATION

Mail-in registrations from residents will be processed on Wednesday, January 10 from 8:00AM-12:00PM. In the event the class is full, you will be notified.

OPEN REGISTRATION

Beginning Wednesday, January 10 at 12:00PM, open registration will begin for everyone. Registrations will be taken at the following times: Monday-Friday, 8:00AM-8:00PM; Saturdays, 9:00AM-4:00PM; Sundays, 1:00PM- 4:00PM.

ATTENTION PATRONS

All patrons signing up for Macomb Township Parks and Recreation activities are allowed to register members of their immediate family and one other family only. A signed registration form with name and address and separate payment must be provided for each family.

Thank you for your cooperation.

Macomb Township Parks and Recreation



MTRC

The Macomb Township Recreation Center (MTRC) was built for the recreational enjoyment of all members and our guests. Please treat the facility, other patrons and staff with respect. If you have any questions, a detailed list of facility rules is available at the reception desk.

- Children 10 years of age and under must be accompanied by an adult.
- Guests must bring their own locks. (May be purchased from Front Desk)
- Guests must be 14 years of age or older with proof to utilize the Fitness Center.

HOURS OF OPERATION

20699 Macomb St. (off Broughton Rd, south of 25 Mile Rd)
(586) 992-2900

Monday – Friday6:00AM – 10:00PM
Saturday8:00AM – 8:00PM
Sunday10:00AM – 6:00PM

Aquatics schedule varies, please stop by front desk for schedule.

Tadpole Town Child Watch

Monday – Saturday8:30AM – 1:00PM
Monday – Thursday4:00PM – 9:00PM

Rates

Child watch is \$2.00 per hour for the initial child & \$1.00 per hour for each additional child. 2 hour maximum time per visit.

MTRC DAILY FEES

Residents\$5.⁰⁰
Non-Residents\$10.⁰⁰
Children 3 and under are admitted free with paying adult.

MTRC MEMBERSHIP FEES

Monthly (Monthly Deductions from Checking or Savings account)

	MTR	NR
Head of Household	\$25. ⁰⁰	\$50. ⁰⁰
Spouse	\$15. ⁰⁰	\$30. ⁰⁰
Dependent	\$10. ⁰⁰	\$20. ⁰⁰
Seniors (55+)	\$15. ⁰⁰	\$30. ⁰⁰

Annual Membership	MTR	NR
Head of Household	\$300. ⁰⁰	\$600. ⁰⁰
Spouse	\$180. ⁰⁰	\$360. ⁰⁰
Dependent	\$120. ⁰⁰	\$240. ⁰⁰
Seniors (55+)	\$180. ⁰⁰	\$360. ⁰⁰

Children 3 and under are admitted free with paying adult. One Month Trial Membership rates are available; ask the front desk for further info.

All patrons must show proof of residency to receive resident rate:

- Valid Driver's License OR
- School ID with: Home Utility Bill
School Report Card

LOST & FOUND POLICY

Lost & found items will be kept at the Macomb Township Recreation Center for 30 days. After 30 days all items will be donated to a local charity. Please contact a staff member if you accidentally left any of your belongings at the Recreation Center during your visit.

INCLEMENT WEATHER

Call the Macomb Township Hotline at 586-992-2909 to hear program cancellations or delays due to weather. Cancelled classes will be announced at least 45 minutes prior to the start of the class. Remember, a morning class cancellation will not automatically mean evening classes are cancelled. Keep informed, call our hotline.

MTRC HOLIDAY HOURS

The Macomb Township Recreation Center will be closed on the following Holiday:

Sunday, April 8, 2007

TRIAL MEMBERSHIP DOES NOT QUALIFY FOR MEMBERSHIP DISCOUNT

PERSONAL TRAINING

Private & Semi-Private Personal Training Available

The Macomb Township Recreation Center offers Private & Semi-Private Personal Training with our Certified and Highly Knowledgeable Trainers.

Members / Residents:

1 Hour Private Lesson\$50.⁰⁰ per hr.
1 Hour Semi-Private (2 Person)\$70.⁰⁰ per hr.

Non-Residents:

1 Hour Private Lesson\$70.⁰⁰ per hr.
1 Hour Semi-Private (2 Person)\$90.⁰⁰ per hr.

For further information and to sign-up for personal training, please call or visit the Front Desk.

- Payment for personal training must be made at front desk upon arrival.
- 24 hr. advanced notification required for cancellations to reschedule.
- All personal training sessions are non-refundable.



MACOMB TOWNSHIP RECREATION CENTER

20699 Macomb Street (off Broughton Rd., south of 25 Mile Rd.)

AQUATIC AREA

The MTRC Aquatics Center has a variety of features sure to provide fun to everyone of every age. Our water playground begins with a zero depth entrance where you can walk through or around geysers. This pool features a multi-level playground where children can interact with water controlling devices before shooting through the slide. This pool reaches a maximum depth of 18 inches.

For the more adventurous type, try our three story water slide. This journey begins as you climb the stairs up to the top of the center. The slide will take you around several curves before you exit into our splash down pool.

Others can stroll around in our lazy river, where a waterfall awaits those who choose. Inside our river is a vortex where guests are spun around by circular water movement.

Ever wanted to walk on water? You can attempt to walk across our floating log walk. There are lap lanes for those who still enjoy a good swim. After this much enjoyment our older guests can relax in our hot tub! Or catch some rays on our outdoor sundeck.

Party Room

The Party Room is a perfect place to host your child's next birthday party! Located off the pool deck, sun deck, and main atrium, it's the perfect location to enjoy the center. The room is equipped with its own counter and sink!

Tree-Top Town

Come play among the trees and enjoy our indoor play structure with slides, tubes, rock climbing walls, and movable helicopter and interactive toys. This large indoor play structure is ideal for children 10 years of age and under. An additional small play structure is available for toddlers. The room is floored with a soft play surface. Parents must accompany children. Socks are required.

Tadpole Town Child Watch

Two hour maximum child watch for ages 6 months to 10 years old. Various activities are offered such as games, movies, board games, arts-n-crafts, coloring, etc. The room is equipped with a small child's restroom.



FITNESS CENTER

The MTRC fitness center consists of 7,400 sq. ft. of Cardiovascular Equipment, Selective Machines, & Free Weights. **You must be 14 years of age or older to be on the second floor.**

- Treadmills
- Elliptical Crosstrainers
- Total Body Elliptical
- Nu Step
- Recumbent & Upright Bicycles
- Stair Climbers
- Selectorized Machines
- Dumbbells
- Curl Bars
- Multi-Functional Trainers
- Smith Press & Leg Press Station
- Cable Tower System
- 16 Station Circuit Training
- Incline Benches
- Over 1,500 lbs. of weight plates



Game Room

Guests can enjoy playing billiards, foosball, or a wide variety of board games can be used while visiting.

Exercise Room

Equipped with a floating Sportwood Altra Star floor, a state of the art sound system, and two mirrored walls; Aerobics, Dance, and other exercise related activities have never been so enjoyable.

Locker Rooms

Separate male and female locker rooms and shower rooms. Each is equipped with lockers for storage of clothing. Guests must bring in their own lock.

Family Changing Cabanas

6 cabanas especially designed for families are available for use. Each is equipped with a shower, changing station, sink and toilet. Larger lockers are located outside of rooms for storage of multiple guests' items.

LOOKING FOR A PLACE TO HOST A B-DAY PARTY?

Look no further than the Macomb Township Recreation Center. Parties can be booked up to 1 year in advance. A variety of food packages are available to choose from.

Contact the Front Desk for additional information.

AEROBICS POLICY

Registered participants will receive their Aerobics punch card on the first day of their class. Two (2) times per week classes will receive a Fourteen (14) Aerobics punch card; One (1) day classes will receive a Seven (7) Aerobics punch card. It is the responsibility of each participant to bring their cards with them to each class. Participants will not be allowed to participate without their punch cards. Cards expire the last day of class.

DROP-IN AEROBICS

Schedule and Rates

During various weeks the Macomb Township Recreation Center will conduct drop-in aerobics classes daily. The fee during this one week period is \$5.00 per class held Monday-Friday; and \$6.00 during Saturday classes. Current Macomb Township Members will be admitted free to these classes. During regular sessions, the drop-in rate is \$10.00 per class.



ATTENTION AQUATICS PARTICIPANTS

Swim lesson participants will be permitted into the facility **NO SOONER THAN 15 MINUTES** prior to the start of the swim lesson session (i.e., Weekday afternoon lessons will be allowed in at 4:00PM). For earlier admittance you must be a member and check in at the front desk or purchase a daily pass.

WATER AEROBICS

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd., south of 25 Mile Rd.)

Come and splash away the pounds with our NEW water aerobics program. This shallow water workout program combines water and weights for a thorough cross training experience. You will notice an increase in strength and cardiovascular fitness. This class caters to all fitness levels. Beginners are encouraged to attend. It's a great program for anyone and is particularly suited to those who experience minor joint, knee or back problems.

Class Size: Minimum 10, Maximum 25

Two-day per week class:

MTR Fee: \$62.00

NR Fee: \$67.00

MTRC Members receive \$5.00 discount

One-day per week class:

MTR Fee: \$31.00

NR Fee: \$36.00

MTRC Members receive \$5.00 discount

Session I	Days	Times	Dates
121319-A	Mo/We	Jan. 15-Feb. 28	9-10AM
121319-B	Mo/We	Jan. 15-Feb. 28	6-7PM
121319-C	Tu/Th	Jan. 16-Mar. 1	9-10AM
121319-D	Tu/Th	Jan. 16-Mar. 1	6-7PM
121319-E	One-day per week		

Session II	Days	Times	Dates
121319-F	Mo/We	Mar. 12-Apr. 25	9-10AM
121319-G	Mo/We	Mar. 12-Apr. 25	6-7PM
121319-H	Tu/Th	Mar. 13-Apr. 26	9-10AM
121319-I	Tu/Th	Mar. 13-Apr. 26	6-7PM
121319-J	One-day per week		

MAKE-UP POLICY: Water Aerobic Classes

Make-up Water Aerobic Classes will be scheduled ONLY if the pool is closed due to weather or maintenance, causing classes to be cancelled. The make-up class would occur on the next day in the sequence of classes after the last schedule class date. (e.g., If the last class is on Monday, December 19, the make-up would be Wednesday, December 21). If you miss a class due to personal reasons, you are welcome to attend one of the other scheduled water aerobics classes before the last day of the session.

LEVEL 4 - SWIM LESSONS

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd., south of 25 Mile Rd.)

Please read the descriptions and details for these lessons on Page 4. Swim Tests will be required for these classes if your child has not already participated in our swim program in the past.

MTR Fee: \$45.00 NR Fee: \$50.00

MTRC Members receive \$5.00 discount

Class size: Minimum 3, Maximum 6

Session I	Days	Dates	Times
116004-A	Saturdays	Jan. 20-Mar. 31*	9:35-10:05AM
116004-B	Saturdays	Jan. 20-Mar. 31*	10:45-11:15AM
		*(No class Feb. 17)	
116004-C	Mo/We	Jan. 22-Feb. 28	4:50-5:20PM
		(No classes Feb. 19 & 21)	
116004-D	Mo/We	Mar. 12-Apr. 18	4:50-5:20PM
		(No classes Apr. 9 & 11)	

ADULT SWIM LESSONS

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd., south of 25 Mile Rd.)

Participants will discuss their goals for this class with the instructor prior to beginning class. Instructor will cater the lesson to meet your goals. Whether you want to refine strokes or have never been in the water before, we will get you moving in the direction you need. Participants will receive 1 on 1 instruction.

NO CLASSES: Feb. 19, 21 & Apr. 9, 11

MTR Fee: \$65.00 NR Fee: \$70.00

MTRC Members receive \$5.00 discount

Session I	Days	Dates	Times
126001-A	Mo/We	Jan. 22-Feb. 28	7:00-7:30PM
126001-B	Mo/We	Jan. 22-Feb. 28	7:35-8:05PM
126001-C	Mo/We	Jan. 22-Feb. 28	8:10-8:40PM
126001-D	Mo/We	Mar. 12-Apr. 18	7:00-7:30PM
126001-E	Mo/We	Mar. 12-Apr. 18	7:35-8:05PM
126001-F	Mo/We	Mar. 12-Apr. 18	8:10-8:40PM

WATER AEROBICS PUNCH CARD POLICY

Registered participants will receive their Water Aerobics punch card on the first day of class at the front desk.

1. Present water aerobics punch card to Front Desk Staff for admittance into building.
2. Before entry into the pool for class, stop at the table labeled **Water Aerobics Check-In**. A member of the aquatic staff will be there to punch your card. We will have a storage bin for you to leave your card in during class.
3. When class is over, please pick up your card. The cards will be alphabetized for easy pick-up. Your card will be needed to enter the building for the next class.
4. Participants will not be allowed to participate without their punch card.



SWIM LESSONS

(Ages 6 months - Adult)

Macomb Township Recreation Center

20699 Macomb Street (off Broughton Rd., south of 25 Mile Rd.)

REGISTRATION BEGINS January 6, 2007

Formal swim lessons are available for participants from 5 years through adult. Special Programs are also available for preschoolers as young as six months old. Qualified and dedicated instructors will provide swim instruction using the American Red Cross aquatic programs. The program teaches water safety and swimming skills using a progressive approach. Therefore, with the exception of minimum age requirements, enrollment in the listed programs is determined by skill performance and not necessarily by age.

Special Note: Participants may be registered for only one section of swim lessons at a time. Registering for consecutive sections may result in the participant being enrolled in an inappropriate level for a later section, and cancellation may be required.

PRESCHOOL SWIM LESSONS

(6 months - 4 years)

MTR Fee: \$40.00 NR Fee: \$45.00

MTRC Members receive \$5.00 discount

This fun program will help your child adjust to the water and prepare him or her for entry into the Learn-To-Swim program. It is a progressive 3-level program that explores underwater skills and buoyancy as well as introduces coordinated arm and leg movements on the child's front and back. Completion of this program should prepare your child for the 6-level Learn-To-Swim program.

LEVEL A (6 months - 2 years)

(Parent must accompany child in the water)

Class Size: Minimum 5/Maximum 10

The goals of Level A are to provide experiences and activities for parents and children to: Learn to enter and exit water safely, feel comfortable in the water, submerge, explore buoyancy on front and back, change body position in water, and learn about choosing and using life jackets.

LEVEL B (18 months - 4 years)

(Parent may accompany child in the water, not required)

Class Size: Minimum 2/Maximum 4

Level B will add upon the skills learned in Level A. Additional skills introduced will include: submerging in a rhythmic pattern, performing combined stroke on front and back.

LEVEL C (3 - 4 years)

(Child works independently with instructor)

Class Size: Minimum 2/Maximum 4

Children enrolling in Level C should be comfortable in the water and working independently with an instructor. Children will explore deeper parts of the pool. They will also begin working on combined strokes on front and back. Successful completion of Level C will aid in a smooth transition into Level 1.

REQUIRED SWIM TEST

Macomb Township Recreation Center

20699 Macomb Street (off Broughton Rd., south of 25 Mile Rd.)

All new students wishing to enroll in Levels 1-4 must participate in one of the REQUIRED swim tests to ensure correct placement in lessons. Preschool swim lessons do not require a swim test. Children should come prepared to swim.

Swim Test Dates

Saturday, January 6, 2007 – 8:00-11:00AM

(Must be done before registration can take place)

Mon.-Fri. – 6:00-8:00PM – January 8-12

Swim testing after Jan. 12 by appointment only. Please call 586-992-2900.

Make-Up Swim Lessons

Make-up swim lessons will be scheduled ONLY if the pool is closed due to weather or maintenance, causing classes to be cancelled. The make-up class would occur on the next day in the sequence of classes after the last schedule class date. (e.g., If the last class is on Monday, June 11, the make-up would be Wednesday, June 13).

LEARN-TO-SWIM

(5 years - 12 years)

MTR Fee: \$45.00 NR Fee: \$50.00

MTRC Members receive \$5.00 discount

Class Size: Minimum 3/Maximum 6

Level 1 - Introduction to Water Skills

Participants will take part in activities which allow them to feel comfortable in the water and enjoy the water safely. Students will learn elementary aquatic skills such as breath control and underwater swimming, buoyancy, swimming on front and back and personal water safety.

(Prerequisite: Participation in Swim Test)

Level 2 - Fundamental Aquatic Skills

Participants explore simultaneous and alternating arm and leg action on the front and back. This lays the foundation for future strokes such as freestyle, backstroke and butterfly.

(Prerequisite: A Learn-to-swim Level 1 certificate or demonstrated competency in Level 1 skills)

Level 3 - Stroke Development

Participants will learn to coordinate the front and back crawls. They will also learn elements for the butterfly and the fundamentals of treading water.

(Prerequisite: A Learn-to-swim Level 2 certificate or demonstrated competency in Level 2 skills)

Level 4 - Stroke Improvement

Participants will improve skills and increase endurance by swimming greater distances. Elementary backstroke, breaststroke and elements of sidestroke are introduced.

(Prerequisite: A Learn-to-swim Level 3 certificate or demonstrated competency in Level 3 skills)

**PRESCHOOL SWIM PROGRAMS** (Ages 6 months to 4 years)

For detailed descriptions of the classes please see page 4.

NO CLASSES February 17-22, April 9-12

DATE/DAYS	LEVEL A		LEVEL B		LEVEL C	
Session 1 Sundays Jan. 14 – Mar. 25			10:25-10:45AM 10:50-11:10AM	116008-A 116008-B	10:00-10:20AM	116009-A
Session 2 Mondays Jan. 22 – Apr. 2						
Session 3 Mon./Wed. Jan. 22 – Feb. 28	9:50-10:10AM 5:05-5:25PM	116007-A 116007-B	9:00-9:20AM 10:15-10:35AM 4:15-4:35PM 5:30-5:50PM	116008-C 116008-D 116008-E 116008-F	9:25-9:45AM 4:40-5:00PM	116009-B 116009-C
Session 4 Tues./Thurs. Jan. 23 – Mar. 1			9:00-9:20AM 9:50-10:10AM 4:40-5:00PM 5:30-5:50PM	116008-G 116008-H 116008-I 116008-J	9:25-9:45AM 10:15-10:35AM 4:15-4:35PM 5:05-5:25PM	116009-D 116009-E 116009-F 116009-G
Session 5 Saturdays Jan. 20 – Mar. 31	10:10-10:30AM 10:45-11:05AM	116007-C 116007-D	9:00-9:20AM 9:35-9:55AM 10:10-10:30AM 11:20-11:40AM	116008-K 116008-L 116008-M 116008-N	9:00-9:20AM 9:35-9:55AM 10:45-11:05AM 11:20-11:40AM	116009-H 116009-I 116009-J 116009-K
Session 6 Mon./Wed. Mar. 12 – Apr. 18	9:50-10:10AM 5:05-5:25PM	116007-E 116007-F	9:00-9:20AM 10:15-10:35AM 4:15-4:35PM 5:30-5:50PM	116008-O 116008-P 116008-Q 116008-R	9:25-9:45AM 4:40-5:00PM	116009-L 116009-M
Session 7 Tues./Thurs. Mar. 13 – Apr. 19			9:00-9:20AM 9:50-10:10AM 4:40-5:00PM 5:30-5:50PM	116008-S 116008-T 116008-U 116008-V	9:25-9:45AM 10:15-10:35AM 4:15-4:35PM 5:05-5:25PM	116009-N 116009-O 116009-P 116009-Q

**LEARN-TO-SWIM PROGRAMS** (Ages 5 years - 13 years)

For detailed descriptions of the classes please see page 4.

NO CLASSES February 17-22, April 9-12

DATE/DAYS	LEVEL 1		LEVEL 2		LEVEL 3	
Session 1 Sundays Jan. 14 – Mar. 25	11:15-11:45AM	116001-A				
Session 2 Mondays Jan. 22 – Apr. 2	1:00-1:30PM	116001-B	1:35-2:05PM	116002-A		
Session 3 Mon./Wed. Jan. 22 – Feb. 28	10:45-11:15AM 4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	116001-C 116001-D 116001-E 116001-F	4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	116002-B 116002-C 116002-D	4:15-4:45PM 5:25-5:55PM	116003-A 116003-B
Session 4 Tues./Thurs. Jan. 23 – Mar. 1	4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	116001-G 116001-H 116001-I	4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	116002-E 116002-F 116002-G	4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	116003-C 116003-D 116003-E
Session 5 Saturdays Jan. 20 – Mar. 31	9:00-9:30AM 9:35-10:05AM 10:10-10:40AM 10:45-11:15AM 11:20-11:50AM	116001-J 116001-K 116001-L 116001-M 116001-N	9:00-9:30AM 9:35-10:05AM 10:10-10:40AM 10:45-11:15AM 11:20-11:50AM	116002-H 116002-I 116002-J 116002-K 116002-L	9:00-9:30AM 10:10-10:40AM 11:20-11:50AM	116003-F 116003-G 116003-H
Session 6 Mon./Wed. Mar. 12 – Apr. 18	10:45-11:15AM 4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	116001-O 116001-P 116001-Q 116001-R	4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	116002-M 116002-N 116002-O	4:15-4:45PM 5:25-5:55PM	116003-I 116003-J
Session 7 Tues./Thurs. Mar. 13 – Apr. 19	4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	116001-S 116001-T 116001-U	4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	116002-P 116002-Q 116002-R	4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	116003-K 116003-L 116003-M

NOTE: Level 4 & Adult Lessons can be found on page 3



A ROYAL BIRTHDAY CELEBRATION

Mother/Daughter Event

**Sycamore Hills Golf Club – Banquet /facility
48787 North Avenue**

Saturday, March 24, 2007

10:00AM-12:00PM

Registration No. 144203-A

MTR Fee: \$16.00 per person

NR Fee: \$21.00 per person

Girls, dust off your best birthday dresses. We hear there is a birthday party in town and it's time to celebrate. Come to Macomb Township's Royal Birthday Celebration. We will be playing party games, and having brunch and birthday cake with a princess. You might even get to have a picture with her. Get ready for musical chairs, pin the tail on the donkey, the limbo and more. Bring your mothers and get ready to celebrate.

Deadline for Registration or until maximum count is reached: Saturday, March 10, 2007.

Everyone attending this event must be registered. A parent is required to stay throughout the event. We will have assigned seating for brunch, so if you would like to be seated with someone in particular, please let us know at the time of registration.



PAPA & PRINCESS PROMENADE

Daddy Daughter Dance

**Sycamore Hills Golf Club-Banquet Facility
48787 North Avenue**

Friday, March 2

6-8:30PM

Registration No. 144101-A

MTR Fee: \$17.50 per person

(all ages-adults and children)

NR Fee: \$20.00 per person

(all ages-adults and children)

Share a fairy tale evening that you and your princess will remember forever. Enjoy dining, dancing, refreshments, and more. A 'keepsake photo' is included for you and your princess to remember the evening.

Last day to purchase tickets is
Friday, February 16, or until sold out.

Sorry, no tickets can be sold at the door.



WHERE IN MACOMB IS FROSTY?

A Snowman Building Contest

FREE

Macomb Township Residents Only

A fun event for Macomb Township residents to participate in and you don't even have to leave your yard! All you need to do is wait for snow, and then build the best snowman that you can. Once you are done, take a picture, and send it to the Parks and Recreation Department. All the snowmen will be judged by the full time Parks and Recreation Staff. The winning photographs will be submitted to the Macomb Township Chronicle so everyone can see where Frosty spent his winter. Feel free to give your picture a name.

First place photograph will receive a \$20 gift certificate, second place will receive \$15 gift certificate and third place will receive a \$10 dollar gift certificate for the Macomb Township Recreation Center.

Photos must be received by March 15, 2007

Please include a name, address, telephone number and contact name with the photo.

Entries may be dropped off at the
Macomb Township Recreation Center,

OR Mailed to:

Macomb Township Parks &
Recreation

Snowman Contest

20699 Macomb St.

Macomb Township, MI 48042



MR. E BUNNY'S BUNNYPALOOZA

Spring Celebration

**Dakota High School Atrium
21051 21 Mile Rd.**

(21 Mile Rd. east of Heydenreich Rd.)

Saturday, March 31

10:00-11:30AM

Registration No. 144303-A

MTR Fee: \$5.00 per person all ages-adults and children

NR Fee: \$10.00 per person all ages-adults and children

Hey kids, don't miss this "EGG" citing event! The Bunnypalooza includes games, crafts, moonwalks, entertainment, and other surprise activities. Visit with Mr. E Bunny, who will have a special treat bag, just for you.

Register in advance for this event at the recreation center. Tickets are not sold at the door the day of the event. Don't delay, the event sells out every year, so don't miss your chance to hop on down to the Bunnypalooza.





PARKS & RECREATION

Creating Community Through People, Parks & Programs

EUCHRE PARTY

Adults 21 & Above

Cracklewood Golf Course
18215 24 Mile Road

(east of Romeo Plank Road)

Saturday, March 24

6:00-10:00pm

Registration No. 124202-A

MTR Fee: \$20.00 NR Fee: \$25.00

Come and play Euchre at this fun-filled (not too competitive) party. A great way to meet new people! Sign up as a single player and your partner and opponents will be chosen by a "Luck of the Draw" format in which you will meet and play with different people throughout the night.

Includes: Euchre Party entry fee, pizza and salad dinner, dessert, coffee, one entry into door prize raffle, and prizes for the top finishers. A cash bar will be available (on your own).

Limited to the first 100 people. Register early, the event always sells out! All players MUST know how to play Euchre in order to register and participate in this event. The Euchre Party is a non-smoking event!

Event check-in and dinner will be at 6pm, with play starting after dinner.

Please note, this euchre party is designed to be a fun community event, not a high stakes tournament. Interested in a highly competitive environment and winning big cash prizes? Then sign up for one of the casino trips-this event is NOT designed for this type of experience!



FRIENDLY REMINDER...

Nothing ruins a good
program quicker than everyone
waiting until the last minute to register!
Please register early to ensure that the program will run.



THE SIX STRING CAFE

Coffehouse Concert Series
Sunday evenings in February

Marvin Blank Senior Center

19925 23 Mile Rd. (one mile east of Romeo Plank)

\$10.00 per person per show

Join us for a wonderful season of our acoustic music performance series featuring the talents of highly regarded musicians and songsmiths. The shows are presented in an intimate setting where the audience and performers together enhance the entertainment experience.

Register in advance at the Macomb Township Parks & Recreation Center. Admission can also be paid at the door the evening of the concert, and for upcoming shows, if space is available. Admission includes live entertainment, coffee, and refreshments. Each night has limited space so register early for the concerts. Doors open at 6:30PM. All concert times are from 7-9:15PM.

Sunday, February 11 ~ The Millers

Registration No. 144400-A

The Millers play "old time music" which could be considered hopelessly outdated or deeply authentic or both. Mostly a collection of tunes and "rough sawn" ballads from the days of barnyard whoops and cabin buckdances, deeply rooted in pre-radio rural America.

With Mark Palms and Michael Zivsak on fiddles, Carl Johnson on guitar, Randy Markey on banjo, and Chuck Anderson on bass, they represent a "fine" example of some truly "unrefined" music.

Sunday, February 18 ~ The Hummingbirds

Registration No. 144400-B

Having performed in various venues across the midwest, the Hummingbirds are creating a buzz of their own. Expect a twangy mix of memorable melodies and sweet harmonies from this unique "electroacoustic duo."

Detroit Music Award Winner, Stephen Grant Wood adds his telecaster twang into the mix, while Michigan songwriter, Rachel Lynn lays down the rock steady rhythm with the acoustic guitar. The vocals are shared between the two performers and harmony is a big part of who the Hummingbirds are. A tasty recipe for real down home raw country soul.

Sunday, February 25 ~ Blackthorn

Registration No. 144400-C

The music of Ireland . . . from the works of the songwriters of today, to traditional music centuries old . . . that's the music of Blackthorn.

Drawing on the rich history of celtic music, this folk ensemble from southeast Michigan brings to life the beauty and legend of the emerald isle through song and story.





FREE
WINTER BREAK
EVENT

MRPA HOOPS CHALLENGE BASKETBALL SKILLS COMPETITION

Free Basketball Skills Contest

Macomb Township Recreation Center
20699 Macomb St. (off Broughton Rd., south of 25 Mile Rd)

Tuesday, Feb. 20 – 10AM
Registration No. 112701-A

This event is open to youngsters 8-15 years of age as of December 31, 2007 with separate divisions for boys and girls 8-9 yrs, 10-11 yrs, 12-13yrs, and 14-15 yrs. This state-wide contest is sponsored by the Michigan Recreation & Park Association.



In this basketball skills challenge, individuals will have 60 seconds to score as many points from various shooting spots on the court. Registration forms are available at the Macomb Township Parks & Recreation Center.

All participants are required to provide a copy of their birth certificate at the time of registration. Each participant will only use the specific equipment (basketballs) provided for this event by Macomb Township Parks & Recreation.

SENIOR MONDAY LUNCH BUNCH

Marvin Blank Senior Center

19925 23 Mile Rd. (one mile east of Romeo Plank)

The Monday Lunch Bunch travels to new restaurants. Everyone orders their own lunch from the restaurant menu and pays for their own meal, sales tax and wait staff tip. These midday excursions are for folks 55 years and older who want to explore the cuisine of different restaurants and meet new friends and get together with old friends. Fees for transportation ONLY. Lunch (including tax & tip) is on your own unless otherwise noted.

MTR Fee: \$7.00 NR Fee: \$12.00
(IKEA Canton)

MTR Fee: \$24.00 NR Fee: \$29.00
(Fox Theatre & Hockeytown Café - includes lunch & tour)

MTR Fee: \$18.00 NR Fee: \$23.00 (Michigan Café – IMAX ticket included in this cost)

Group Size: Minimum 10, Maximum 30

Session	Days	Times	Dates
133500-A	Mo	10:30AM-3:30PM IKEA Canton Registration Deadline: Feb. 19	Feb. 26
133500-B	Mo	10:30AM-3:30PM Hockeytown Café, Fox Theatre tour Registration Deadline: Mar. 1	Mar. 26
133500-C	Mo	10:30AM-3:30PM Michigan Café @ The Henry Ford, IMAX Registration Deadline: Apr. 1	Apr. 30

55+ GOLF LEAGUE

Nine hole golf league for players ages 55 and above

Cracklewood Golf Course
18215 24 Mile Road (east of Romeo Plank Road)

League play begins on Monday, April 30
Registration No. 132401-A
Register by: Monday, April 2

MTR Fee: \$10.00 per golfer league registration fee
NR Fee: \$15.00 per golfer league registration fee

Think spring . . . the 2007 golf season is near. All men and women golfers ages 55 and over are welcome to register. League registration fee covers management of weekly statistics, guaranteed tee times, and awards to top flight finishers. An optional banquet may be held at the end of the season for an additional cost for those golfers who wish to attend.

This Monday morning nine hole golf league is played at Cracklewood Golf Course. Individual players are assigned to flights based on their average score for nine holes. Returning players will be assigned to flights based on their 2006 end of season average, while **all new players must include their average score for nine holes of golf at the time of registration, and all players should indicate if they would like to ride a cart weekly.** Golfers will golf against another golfer each week in this round robin league-due to the number of participants, special tee time requests or groupings can not be accommodated. Rain-out league dates will not be rescheduled.

Golfers will be responsible to pay their weekly greens fees of \$11.00 per golfer for nine holes of golf directly to the golf course. League participants can also rent a power golf cart for an additional fee of \$6.00 per golfer for nine holes of golf, paid weekly at the pro shop.

All golf league participants are invited to attend the golf league meeting which will be held on Monday, April 16, at 9:00am at Cracklewood Golf Course. The league schedule with dates of play will be distributed at this time.





FOREVER FIT

"It's never too late to start feeling great!"

Ages 55 & up

Marvin Blank Senior Center

19925 23 Mile Rd. (one mile east of Romeo Plank)

"Use it or lose it." There's no population that benefits more from exercise than seniors. This program is designed with easy to follow exercises for beginners ages 55 & over. This class will help reduce the risks of many age-related medical conditions such as arthritis, diabetes, obesity, high blood pressure & cholesterol, osteoporosis, bone fractures, heart disease & depression. A great way to improve muscle tone, flexibility, coordination, gain energy, socialize, shape-up & have fun!

Macomb Twp. Resident Rate: \$55.00

Non-Resident Rate: \$60.00

Instructor: Rose Candella

Session I	Days	Dates	Time
131309-A	Tu/Th	Jan. 16-Mar. 1	8:30-9:30AM
Session II	Days	Dates	Time
131309-B	Tu/Th	Mar. 13-Apr. 26	8:30-9:30AM

SENIOR YOGA

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd. south of 25 Mile Rd.)

This class is designed for the seniors. It's easy to follow and you'll achieve the flexibility, strength and inner peace of yoga basic breathing and stretching followed by a series of gentle, modified yoga postures. This morning program emphasizes energizing routines to start your day.

MTR Fee: \$55.00 NR Fee: \$60.00

MTRC Members receive \$5.00 discount

Instructor: Desiree Brengman

Session I	Days	Dates	Time
131310-A	Fr	Jan. 19-Mar. 2	8:30-9:30AM
Session II	Days	Dates	Time
131310-B	Fr	Mar. 16-Apr. 27	8:30-9:30AM



MTRC CANCELLATIONS HOTLINE
(586) 992-2090

AEROBIC CLASS POLICIES

Late Registration Fee

Participants who register after the early registration date will be assessed a late registration fee per class. Mail-in registrations postmarked on or before these dates will not be assessed this fee.

Residents: \$ 10.00 per class

Non-Residents: \$ 15.00 per class

Late registration fee will be assessed during the first week of class only.

Early Registration Deadline:

Session I: Friday, January 12, 2007

Session II: Friday, March 9, 2007

Punch Card Policy

Registered participants will receive their Aerobics punch card on the first day of their class. Two (2) times per week classes will receive a Fourteen (14) Aerobics punch card; One (1) day classes will receive a Seven (7) Aerobics punch card. It is the responsibility of each participant to bring their cards with them to each class. Participants will not be allowed to participate without their punch cards. Cards expire on the expiration date posted on the card.

Punch Card Replacement

In the event a registered participant misplaces or loses their aerobics punch card, a replacement will be issued with a Two (2) punch penalty. The replacement card will be punched up to the number of actual classes held to date, in addition to the Two (2) replacement fee punches.

Punch Card Uses

Participants may use their punch cards for other aerobic classes held at the recreation center which are equal to or lesser in cost of their registered class. Punch Cards cannot be used for the following classes:

- Military-Style Boot Camp
- Personal Group Training
- Yogalates (Yoga/Pilates)

Drop-In Aerobics

During non scheduled aerobic weeks, the Macomb Township Recreation Center will conduct drop-in aerobics classes daily. The fee is \$5.00 per class held Monday – Friday; \$6.00 for Saturday classes. Current Macomb Township Members (excluding Trial Memberships) will be admitted free to these classes. During regular sessions, the drop-in rate is \$10.00 per class. Punch cards cannot be used for drop-in aerobics.

**NEW YEARS RESOLUTION -
NUTRITION & FITNESS TIPS****NEW!****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd. south of 25 Mile Rd.)

If you are having difficulty making lifestyle changes and sticking to your New Year's Resolution, you may need that extra motivation & guidance, this class is for you! We will assist you in making better meal choices, healthy cooking and achieving your way into a healthy lifestyle.

MTR Fee: \$16.00 NR Fee: \$21.00

MTRC Members receive \$5.00 discount

Instructor: Maria Marino

Session I	Days	Date	Time
141512-A	Tu	Jan. 30	7:00-8:00PM

YOGA TONING**NEW!****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd. south of 25 Mile Rd.)

This gentle and energetic yoga class will be taught for all levels of the yoga practice. This style of yoga is a series of flowing positions linked together by the breath to detoxify, stretch and strengthen the body. Each class will include arm strengthening, standing and balancing poses designed to develop core strength. The result is improved circulation, a toned, strong, relaxed body and a calm mind.

MTR Fee: \$55.00 NR Fee: \$60.00

MTRC Members receive \$5.00 discount

Instructor: Desiree Brengman

Session I	Days	Dates	Time
121303-E	We	Jan. 17-Feb. 28	10:30-11:30AM
Session II	Days	Dates	Time
121303-F	We	Mar. 14-Apr. 25	10:30-11:30AM

GUTTS & GLUTES**NEW!****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd. south of 25 Mile Rd.)

Taught by personal trainer Maria Marino, this 30 minute class will sculpt and tighten every muscle in the lower body (abdominals, glutes, & legs).

MTR Fee: \$31.00 NR Fee: \$36.00

MTRC Members receive \$5.00 discount

Instructor: Maria Marino

Session I	Days	Dates	Time
121328-A	Mo	Jan. 15-Feb. 26	10:30-11:00AM
Session II	Days	Dates	Time
121328-B	Mo	Mar. 12-Apr. 23	10:30-11:00AM

SALSA DANCE CLASS**NEW!****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd. south of 25 Mile Rd.)

Burn fat with Sizzling Salsa Dance Moves! You don't need to travel south of the border for a hot, hot workout!! This low impact fiesta is packed with fat blasting choreography. An exciting and energetic routine that teaches you how to perfect basic Salsa Steps! Even if you're not a dancer, this instructor will break down these easy-to-follow dance steps so you can follow along and take these steps to the dance club! You'll burn the fat as you burn up the dance floor. All Levels Welcome.

MTR Fee: \$55.00

NR Fee: \$60.00

MTRC Members receive \$5.00 discount

Instructor: Argentine Tango Detroit

Session I	Days	Dates	Time
121316-A	Th	Jan. 18-Mar. 1	9:00-10:00PM
Session II	Days	Dates	Time
121316-B	Th	Mar. 15 -Apr. 26	9:00-10:00PM

VINYASA YOGA**Marvin Blank Senior Center****19925 23 Mile Rd.** (one mile east of Romeo Plank)

A strong dynamic form of yoga. This type of class is one of the more disciplined forms of yoga and is very challenging. This class is ideal for increasing flexibility & toning while sculpting and strengthening the muscles. You will leave feeling strong with a calm mind. Great for those who wish to reduce mental and physical stress.

MTR Fee: \$55.00

NR Fee: \$60.00

Instructor: Desiree Brengman

Session I	Days	Dates	Time
121303-C	Tu	Jan. 16-Feb. 27	7:30-8:30PM
Session II	Days	Dates	Time
121303-D	Tu	Mar. 13-Apr. 24	7:30-8:30PM

MTRC CANCELLATIONS HOTLINE
(586) 992-2090



MILITARY-STYLE BOOT CAMP

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd. south of 25 Mile Rd.)

This class is a General Fitness class with Intense Military style training. Traditional calisthenics alternated with short toning intervals to improve stamina. To maximize strength we use pyramid training. Starting easier and becoming harder and more intense. Runs, drills, jacks, push-ups, kicks, squats, lunges, and ab crunches. Everything you need to improve strength, muscle tone and achieve that washboard stomach. If you are serious about getting in shape this class is for you.

MTR Fee: \$150.00

NR Fee: \$155.00

MTRC Members receive \$5.00 discount

Instructor: Maria Marino

Class held on Tues., Thurs., Fri.

(4 weeks/3 days a week)

Session	Dates	Time
121325-A	Jan. 16-Feb. 9	7:30-8:30AM
121325-B	Feb. 20-Mar. 16	7:30-8:30AM

PERSONAL GROUP TRAINING

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd. south of 25 Mile Rd.)

One hour of professional personalized training taught by certified personal trainer Maria Marino using various types of equipment with a fun motivating group of people. This class includes a variety of cardio with interval & strength training techniques. You'll also get nutrition tips from an expert on how to eat healthy and stay fit. A program designated to whip you into tiptop shape. Class is limited to 10.

MTR Fee: \$104.00

Non-Resident Rate: 109.00

MTRC Members receive \$5.00 discount

Personal Trainer: Kelly Lambrecht

Session I	Days	Dates	Time
121317-A	Mo	Jan. 15-Feb. 26	6:30-7:30PM
121317-B	Fr	Jan. 19-Mar. 2	9:30-10:30AM
Session II	Days	Dates	Time
121317-C	Mo	Mar. 12-Apr. 23	6:30-7:30PM
121317-D	Fr	Mar. 16-Apr. 27	9:30-10:30AM

THE ULTIMATE BODY SCULPTING & AWESOME ABS

Lift Weights and Lose Weight

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd. south of 25 Mile Rd.)

Get ripped abs, toned legs and an overall lean physique — not a bulky physique. This class is definitely the ultimate; it's motivating and sure to tone every square inch of your body. Using weights is especially important for women to build bone density, but the truth is that working with weights increases your metabolism while creating more lean muscle. A great workout for all ages and levels of fitness. Please bring mats and free weights to class.

MTR Fee: \$62.00

Non-Resident Rate: \$67.00

MTRC Members receive \$5.00 discount

Instructor: Sandy Smitley

Session I	Days	Dates	Time
121302-A	Tu/Th	Jan. 16-Mar. 1	8:00-9:00PM
Session II	Days	Dates	Time
121302-B	Tu/Th	Mar. 13-Apr. 26	8:00-9:00PM

AWESOME ABS & BODY SCULPTING WITH WEIGHTS!

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd. south of 25 Mile Rd.)

Lift weights & lose weight! Get ripped abs, toned legs & an overall lean physique — not a bulky physique. This class incorporates weight training to target & tone every square inch of your body. Using weights is especially important for women for building bone density. Working with weights increases your metabolism while creating more lean muscle! A great workout for all levels of fitness & all ages.

One-day per week class:

MTR Fee: \$31.00

NR Fee: \$36.00

MTRC Members receive \$5.00 discount

Two-day per week class:

MTR Fee: \$62.00

NR Fee: \$67.00

MTRC Members receive \$5.00 discount

Instructor: Kim Hannish

Session I	Days	Dates	Time
121307-A	Tu/Th	Jan. 16-Mar. 1	10:35-11:30AM
121307-B	One day per Week		
Session II	Days	Dates	Time
121307-C	Tu/Th	Mar. 13-Apr. 26	10:35-11:30AM
121307-D	One day per Week		



CARDIO KICKBOXING (TAE-COMBO)

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd. south of 25 Mile Rd.)

Personal Trainer Maria Marino has combined some of the highest energy & motivating aerobics moves together with the aggressive, hard edge similar TAE-BO class moves. This class takes you to meet the fitness challenge of a lifetime. Maria caters to fitness enthusiasts of all ages & fitness levels. A great way to shape up, burn fat, stay healthy & have fun!!



One-day per week class:

MTR Fee: \$31.00

Non-Resident Rate: \$36.00

MTRC Members receive \$5.00 discount

Two-day per week class:

MTR Fee: \$62.00

Non-Resident Rate: \$67.00

MTRC Members receive \$5.00 discount

Instructor: Maria Marino

Session I	Days	Dates	Time
121301-A	Mo/We	Jan. 15-Feb. 28	9:30-10:30AM
121301-B	Tu/Th	Jan. 16-Mar. 1	9:30-10:30AM
121301-C	One day per week		
Session II	Days	Dates	Time
121301-D	Mo/We	Mar. 12-Apr. 25	9:30-10:30AM
121301-E	Tu/Th	Mar. 13-Apr. 26	9:30-10:30AM
121301-F	One day per week		

INTERVAL TRAINING

(Cardio & Weights Combo)

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd. south of 25 Mile Rd.)

Get ready for this ultimate cardio & body-sculpting workout! Burn fat with a cardio & weight training workout that alternates 4-minute segments of cardio with 4-minute segments of weight training. We've added an incredible abdominal segment to make this a total body workout. Designed to maximize your strength & firm your entire body! A workout for individuals who want real results, real fast!

One-day per week class:

MTR Fee: \$31.00 Non-Resident Rate: \$36.00

MTRC Members receive \$5.00 discount

Two-day per week class:

MTR Fee: \$62.00 Non-Resident Rate: \$67.00

MTRC Members receive \$5.00 discount

Instructor: Sandy Smitley

Session I	Days	Dates	Time
121314-A	Tu/Th	Jan. 16-Mar. 1	7:00-8:00PM
121314-B	One day per week		
Session II	Days	Dates	Time
121314-C	Tu/Th	Mar. 13-Apr. 26	7:00-8:00PM
121314-D	One day per week		

CARDIO CORE (FITNESS BALL) TRAINING

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd. south of 25 Mile Rd.)

This program is a low impact, high-energy cardio routine to get your heart pumping and your body moving! The entire workout is done using a fitness ball. You'll develop a strong, lean and toned body. This class emphasizes on balance control and stability of the abdominals, obliques, glutes and lower back muscles. A great workout for that hard to lose mid-section. You'll definitely have a ball in this class! Please bring your own ball if you have one. Otherwise, a limited number of exercise balls are available.

One-day per week class:

MTR Fee: \$31.00

Non-Resident Rate: \$36.00

MTRC Members receive \$5.00 discount

Two-day per week class:

MTR Fee: \$62.00

Non-Resident Rate: \$67.00

MTRC Members receive \$5.00 discount

Instructor: Kelly Lambrecht



Session I	Days	Dates	Time
121322-A	Mo/We	Jan. 15-Feb. 28	7:45-8:45PM
121322-B	Fr	Jan. 19-Mar. 2	10:30-11:30AM
Session II	Days	Dates	Time
121322-C	Mo/We	Mar. 12-Apr. 25	7:45-8:45PM
121322-D	Fr	Mar. 16-Apr. 27	10:30-11:30AM

MTRC CANCELLATIONS HOTLINE (586) 992-2090

YOGALATES (YOGA/PILATES)

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd. south of 25 Mile Rd.)

Yoga & Pilates is an all-encompassing body, mind, and spirit, exercise program designed to tone and sculpt your entire body. A combination of controlled movements will shape and sculpt long, lean muscles without joint stress, achieve flat abs and improve your posture. Pilates focuses on strengthening your abdominals, back and hips. A great class for anyone regardless of your fitness level. Great for those who wish to reduce mental and physical stress.



Macomb Twp. Resident Rate: \$55.00

Non-Resident Rate: \$60.00

MTRC Members receive \$5.00 discount

Instructor: Desiree Brengman

Session I	Days	Dates	Time
121306-A	Tu	Jan. 16-Feb. 27	6:00-7:00PM
121306-B	Fr	Jan. 19-Mar. 2	9:30-10:30AM
Session II	Days	Dates	Time
121306-C	Tu	Mar. 13-Apr. 24	6:00-7:00PM
121306-D	Fr	Mar. 16-Apr. 27	9:30-10:30AM



CARDIO BLAST

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd. south of 25 Mile Rd.)

A solid cardio workout, which involves Hi/Low Impact Aerobics, Interval Training, Step, Double Step and Kickboxing. Included in this workout is body sculpting exercises that use weights and resistance bands for different muscle groups. Finish off your workout with floor exercises for sculpting your abdominal, oblique, and gluts. Come blast your way into shape!

One-day per week class:

Macomb Twp. Resident Rate: \$31.00

Non-Resident Rate: \$36.00

MTRC Members receive \$5.00 discount

Two-day per week class:

Macomb Twp. Resident Rate: \$62.00

Non-Resident Rate: \$67.00

MTRC Members receive \$5.00 discount

Saturday class:

Macomb Twp. Resident Rate: \$37.00

Non-Resident Rate: \$41.00

MTRC Members receive \$5.00 discount

Instructor: Laurie Endicott Mo/We / Kim Hannish Saturday

Class size: Minimum 20, Maximum 50



Session I	Days	Dates	Time
121313-A	Mo/We	Jan. 15-Feb. 28	6:30-7:30PM
121313-B	One day per week		
121313-C	Sa	Jan. 20-Mar. 3	9:00-10:00AM
Session II	Days	Dates	Time
121313-D	Mo/We	Mar. 12-Apr. 25	6:30-7:30PM
121313-E	One day per week		
121313-F	Sa	Mar. 17-Apr. 28	9:00-10:00AM

MEN'S ADULT SOFTBALL LEAGUE

Macomb Corners Park

19449 25 Mile Road



Registration No. 122902-A

Sunday Evenings

Start Date: Sunday, April 15, 2007
(No games 5/27/07)

Game Times: 6:30PM, 7:45PM, 9:00PM

Managers Meeting: Thursday, April 5, 2007 @ 7PM
Macomb Twp. Recreation Center

League consists of 11 regular season games plus two playoff games. Awards will be given to the top two teams. League fee includes Amateur Softball Association Registration fee. Roster limited to 20 players.

Individuals not affiliated with a team may contact the Recreation Department to be placed on a player list. When enough individual players are registered, a house team will be formed. In the event there are not enough individual players, player list will be forwarded to team managers.

Minimum: 4 Teams; Maximum 18 teams

Team Fee: \$600.00 **100.00 deposit is due upon registration

Umpire fee: \$15.00 per team/per game

TENNIS ANYONE?

Tennis Clinics for All Ages

NEW!

Lifetime Fitness-Indoor Tennis Center

200 West Avon Road, Rochester Hills (Tennis entrance located off Avon Rd., west of Rochester Rd.)

Tennis anyone? Tennis is a great fitness sport for everyone. Led by the certified tennis professional staff at Lifetime Fitness, participants will be introduced to the sport for all

ages in an exciting and safe environment.

These classes are open to everyone—you do not have to be a member of LifeTime Fitness to register for any of these classes. All classes run for eight weeks. Sorry, no make up classes will be offered.

Sign-up today to "Get in The Game!"

All classes run for eight weeks.

Classes will be held during winter break.

No classes will be held 4/7 to 4/15 due to spring break.

Reg. No.	Ages	Days	Dates	Time	Class	MTR Fee	NR Fee
121109-A	18+	Su	Jan. 7-Feb. 25	7-8PM	Beg	\$152	\$157
121109-B	18+	Tu	Jan. 9-Feb. 27	12-1PM	Beg	\$152	\$157
121109-C	18+	Su	Jan. 7-Feb. 25	6-7PM	Adv Beg	\$152	\$157
121109-D	18+	Tu	Jan. 9-Feb. 27	1-2PM	Adv Beg	\$152	\$157
111107-A	3-5	Sa	Jan. 6-Feb. 24	1-2PM	Beg	\$124	\$129
111107-B	5-8	Sa	Jan. 6-Feb. 24	3-4PM	Beg	\$140	\$145
111108-A	8-12	Sa	Jan. 6-Feb. 24	2-3PM	Beg	\$140	\$145
111108-B	13-17	Su	Jan. 7-Feb. 25	5-6PM	Beg	\$140	\$145
Reg. No.	Ages	Days	Dates	Time	Class	MTR Fee	NR Fee
121109-E	18+	Su	Mar. 4-May 6	7-8PM	Beg	\$152	\$157
121109-F	18+	Tu	Mar. 6-May 1	12-1PM	Beg	\$152	\$157
121109-G	18+	Su	Mar. 4-May 6	6-7PM	Adv Beg	\$152	\$157
121109-H	18+	Tu	Mar. 6-May 1	1-2PM	Adv Beg	\$152	\$157
111107-C	3-5	Sa	Mar. 3-May 5	1-2PM	Beg	\$124	\$129
111107-D	5-8	Sa	Mar. 3-May 5	3-4PM	Beg	\$140	\$145
111108-C	8-12	Sa	Mar. 3-May 5	2-3PM	Beg	\$140	\$145
111108-D	13-17	Su	Mar. 4-May 6	5-6PM	Beg	\$140	\$145

**BOATING SAFETY****Marvin Blank Senior Center****19925 23 Mile Rd** (one mile east of Romeo Plank Rd.)

Boating season is right around the corner. Sign up today to learn the essentials of boating safety, instructed by an officer of the Macomb County Sheriff's Office-Marine Division. This course will teach navigation rules, state and federal regulations, waterway marking systems, and water safety.

All participants who successfully pass the course will earn a Safe Boating Certificate issued through the Michigan Department of Natural Resources. (Must attend both class dates in order to receive certificate.) Participants in this program must be at least 12 years old, all those ages 12 and above are welcome to register for this program.

Participants should bring a pen, pencil, and note pad to this program.

Participants should register by April 13.

Session: 2 weeks

4 hours per week

Class Size: Minimum 10 Maximum 65

MTR Fee: \$5.00 per person

NR Fee: \$10.00 per person

No.	Ages	Days	Dates	Time
141503-A	12+	Sa	Apr. 21 & 28	9AM-1PM

**GOURMET CHOCOLATE COVERED TREATS****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd. south of 25 Mile Rd.)**Tuesday, March 27****7:00-8:30PM****Registration No. 141405-A**

MTR Fee: \$20.00 NR Fee: \$25.00

MTRC Members receive \$5.00 discount.

What a great treat, gift, or party favor to make for your special occasion! Learn the creative art of making chocolate covered treats, and learn how to wrap them in a decorative way. During class you will learn how to make gourmet chocolate caramel apples that you see in the upscale stores. In addition you will learn to make fancy chocolate covered pretzels and gourmet chocolate covered ice cream cones. When the class is over, you will be able to do this on your own and leave with the tasty treats!

Materials Fee of \$6.00 is due at class.

Instructor: Sherry Brodowski

Class size: Minimum 5, Maximum 20

**CPR & FIRST AID TRAINING****American Red Cross****Marvin Blank Senior Center****19925 23 Mile Rd.** (one mile east of Romeo Plank)**Sunday, March, 25, 2007****9:00AM-5:00PM****Registration No. 141115 - A**

MTR Fee: \$65.00

NR Fee: \$70.00

Class Size: Minimum 8, Maximum 16

Be prepared for breathing and cardiac emergencies for people of all ages. This eight hour course teaches easy-to-learn emergency procedures to use in critical life threatening situations as well as first aid procedures. Upon successful completion of this class you will receive certifications in Adult, Child, and Infant CPR and First Aid. (30 minutes will be allotted for lunch - bring a sack lunch or money.)

**FRIENDLY REMINDER...**

Nothing ruins a good program quicker than everyone waiting until the last minute to register! Please register early to ensure that the program will run.

**SILVER & CRYSTAL BRACELET CLASS****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd. south of 25 Mile Rd.)**Wednesday, March 7****7:00-9:00PM****Registration No. 141402-A**

MTR Fee: \$ 17.00

NR Fee: \$22.00

MTRC Members receive \$5.00 discount.

Back by popular demand! This super easy jewelry making class that requires NO CRIMPING. These beautiful pieces of jewelry are great for gift giving or to keep for yourself. Use your creativity to create your choice of either a necklace or ankle bracelet using a sterling silver chain, a variety of silver accents and Swarovski crystals.

Materials Fee of \$5.00 is due at class.

Instructor: Sandy Kirk

Class Size: Minimum 4 , Maximum 12



MUSIC LESSONS WITH "A1 STUDIOS"

Guitar, Keyboard, Drum, and Accordion Music Instruction

Marvin Blank Senior Center

19925 23 Mile Rd (one mile east of Romeo Plank Rd.)

Always wanted to learn to play a musical instrument? Now, here's your chance. Local music "Professor" Dick Renock, has been teaching music full time for over 40 years.

Classes are for students ages 8 through adult.

You do not need a musical instrument to participate. Rentals are available from the instructor by request at the first lesson (fees to be discussed with the instructor.) This proven music program with award winning students is taught the correct way. College-level broken down and made simple with emphasis on the most important thing in music...timing. Through these progressive courses students will learn note reading, theory, timing, melody, harmony, exercises, scales, chords, and improvising. Repertoire includes classical music to the most popular and standard songs.

For further information or for private music lessons taught in your home, call a-1 Studios at 586-992-1757.

Session: 5 lessons (1 day a week for 5 weeks)

Dates: Jan. 16-Feb. 13

MTR Fee: \$50.00

NR Fee: \$55.00

Instrument	No.	Day	Time
Guitar	141702-A	Tu	6:30-7:00PM
Keyboard	141701-A	Tu	7:00-7:30PM
Drum	141703-A	Tu	7:30-8:00PM
Accordion	141704-A	Tu	8:00-8:30PM

Session: 5 lessons (1 day a week for 5 weeks)

Dates: Feb. 27-Mar. 27

MTR Fee: \$50.00

NR Fee: \$55.00

Instrument	No.	Day	Time
Guitar	141702-B	Tu	6:30-7:00PM
Keyboard	141701-B	Tu	7:00-7:30PM
Drum	141703-B	Tu	7:30-8:00PM
Accordion	141704-B	Tu	8:00-8:30PM



INFORMATION ABOUT REGISTERING
AND THE CLASS/EVENT REGISTRATION
FORM CAN BE FOUND ON PAGES
30 AND 31 OF THIS BROCHURE.

BEST FRIENDS DOG TRAINING

"Happiness is a well trained dog"

Marvin Blank Senior Center

19925 23 Mile Rd (one mile east of Romeo Plank Rd.)

Are you looking for a gentle modern approach to training? Using positive motivational techniques, Best Friend's Trainers will teach how to raise the dog you want. Methods are simple, quick, effective, and above all, enjoyable for both the dog and owner. Instructors focus on helping train a dog who is happy, willing, responsive, and obedient.



Best Friend's Instructors are members of APDT-Association of Pet Dog Trainers and NADOI, National Association of Dog Obedience Instructors. Class size is limited to ensure that you and your dog receive the level of attention and assistance that you require.

Classes meet one hour per week for six weeks, and include demonstrations, training exercises with your dog, behavior discussions, and weekly activities for you and your family to practice at home.

6 week class sessions

MTR Fee: \$110.00 (per session)

NR Fee: \$115.00 (per session)

Puppy Class (Age: 10 weeks – 18 weeks)

Proof of at least 2 series of puppy shots required. Start off in the right direction by taking advantage of your puppy's most formative period of development. Classes include lessons in basic obedience, puppy development, confidence building, self-control and problem prevention.

Session I	Days	Dates	Time
121601-A	We	Jan. 17-Feb. 28	7:00-8:00PM

(No class on Wednesday, February 21, Winter Break Holiday)

Session II	Days	Dates	Time
121601-B	We	Mar. 14-Apr. 25	7:00-8:00PM

(No class on Wednesday, April 11, Spring Break Holiday)

Beginner Class (Age: 18 weeks+)

Proof of current vaccinations required. Dogs of any age will benefit from this six week class. Whether your dog is new to your family or has lived with you for awhile, you will learn how to teach proper manners and solve existing problems. Classes include lessons in basic obedience, common behavior problems, attention/focus, and building a bond with your dog.

Session I	Days	Dates	Time
121602-A	We	Jan. 17-Feb. 28	8:00-9:00PM

(No class on Wednesday, February 21, Winter Break Holiday)

Session II	Days	Dates	Time
121602-B	We	Mar. 14-Apr. 25	8:00-9:00PM

(No class on Wednesday, April 11, Spring Break Holiday)

**DETROIT RED WINGS @ THE JOE****vs. Colorado Avalanche****Sunday, Jan. 28****1:30PM Departure****3:30PM Game Time****Registration No. 143200-A**

MTR Fee: \$55.00 NR Fee: \$60.00

vs. Boston Bruins**Sunday, March 11****10:45AM Departure****12:30PM Game Time****Registration No. 143200-B**

MTR Fee: \$55.00 NR Fee: \$60.00

Travel roundtrip by deluxe motorcoach to see the Red Wings race toward another Stanley Cup!

All group tickets are located in the upper bowl/corners of Joe Louis Arena. Ticket packages also include: 1 game ticket/participant for the CCHA Championship Finals, March 17, 2007. (Transportation for the CCHA Championships is not provided.)

We will depart from the Marvin Blank Senior Center parking lot, located at 19925 23 Mile Road, east of Romeo Plank Road, and return to Macomb Township immediately following the game.

Fee includes game ticket and transportation by luxury motor coach. Register at the community recreation center. Ticket sales are limited to 6 per household.

INFORMATION ABOUT REGISTERING AND THE

CLASS/EVENT REGISTRATION FORM CAN BE

FOUND ON PAGES 30 AND 31 OF THIS BROCHURE.

DETROIT PISTONS VS. NEW JERSEY**at The Palace of Auburn Hills****Friday, Mar. 30****6:15PM Departure****8:00PM Game Time****Registration No. 143200-C**

MTR Fee: \$40.00 NR Fee: \$45.00

See the Detroit Pistons battle Eastern Conference rival, the New Jersey Nets. Package includes game ticket, parking, and round trip transportation by luxury bus.

We will depart from the Marvin Blank Senior Center parking lot, located at 19925 23 Mile Road, east of Romeo Plank Road, at 6:15pm.

"RAID THE FRIDGE"**@ Waterford Oaks County Park****Saturday, Feb. 3****9:00AM Departure****10AM-1PM Event Time****Registration No. 143300-A**

Group Size: Minimum 20, Maximum 40

MTR Fee: \$8.00 NR Fee: \$13.00

Ready to race down Michigan's first refrigerated toboggan run? Road-trip with us to "The Fridge" located at Oakland County's Waterford Oaks in Waterford.

Concessions and warming areas available in Lookout Lodge. Only food items purchased from the concession area are allowed in the Lodge.

Those interested can also use the sledding hill if conditions permit-bring your own small sized sled. Trip departs at 9am, with scheduled time at "The Fridge" from 10am-1pm, returning to Macomb Township at approximately 2pm. Trip will depart from the Marvin Blank Senior Center Parking Lot, 19925 23 Mile Road (one mile east of Romeo Plank Rd.)

Fee includes group ticket and transportation by luxury motor coach.

Dress for the weather and extreme cold weather conditions - most activities are held outdoors.

Tips for the trip:

- Bring winter hat, boots, gloves, and dress in layers.
- Gloves MUST be worn on The Fridge.
- No large or loose fitting hats or scarves are allowed.
- Bring snacks and beverages/hot chocolate for bus trip to and from park.



PARKS & RECREATION

Creating Community Through

People, Parks & Programs

*GLORIOUS GREEK ISLES***Aboard the Star Princess**

Depart from Marvin Blank Senior Center
19925 23 Mile Rd (one mile east of Romeo Plank Rd.)

Oct. 27 – Nov. 9, 2007
Departure times announced early October
Registration No. 123100 - E

MTR Fee: \$3925.00

NR Fee: \$3925.00

(fees based on double occupancy)

\$600.00 Due at Registration Time

Balance must be paid in full no later than July 10, 2007

Registration deadline: July 10, 2007

From a cliff-side taverna overlooking the deep blue Aegean Sea to a gondola ride through Venice's canals, the unparalleled romance of this region speaks volumes. The romance of the Mediterranean and Greek Isles is truly special, if not magical. It's an area of the world where life moves at a slower pace, perhaps, to indulge the natural beauty that much more.

Tour includes: round trip transportation between a local departure point and Detroit Metropolitan Airport, Scheduled Air Detroit/Rome – Venice/Detroit, All transfers



between the airport and the ship, 12 nights aboard the Star Princess, All meals and entertainment on Board the Cruise Ship (specialty dining does have additional fees), and Government fees and airport, hotel & Port taxes.

Shore Excursions: Naples/Capri Italy, Santorini, Greece, Rhodes, Greece, Kusadasi, Turkey, Mykonos, Greece, Athens, Greece, Katakolon, Greece, Corfu, Greece, Dubrovnik, Croatia, and Venice, Italy. Flyers with additional information are available at the Macomb Township Recreation Center and the Marvin Blank Senior Center.

*CIRQUE DREAMS – JUNGLE FANTASY***Fisher Theatre**

Depart from Marvin Blank Senior Center
19925 23 Mile Rd (one mile east of Romeo Plank Rd.)

Sunday, January 28, 2007

Depart at 5:00PM

Showtime: 6:30 p.m.

Registration No. 123100 - H

MTR Fee: \$43.00 NR Fee: \$48.00



CIRQUE DREAMS is a 90-minute 2-act dreamscape of nighttime imagery that redefines the boundaries of ingenuity and imagination. An international cast of acrobats, contortionists and aerialists perform under a multi-million dollar ultra violet stage set that ignites them into some of the most amazing feats and performances ever witnessed on stage and in the air. The Raleigh News says, "Cirque Dreams is jaw-dropping and flawlessly executed." CIRQUE DREAMS is the perfect family show and will tour and perform in theatres and arenas world wide in theatres and arenas worldwide.

THE GRANDE HOTEL

@ Mountaineer Race Track & Gaming Resort
Chester, West Virginia

Depart from Marvin Blank Senior Center
19925 23 Mile Rd (one mile east of Romeo Plank Rd.)

February 19 – 20, 2007

Departure times announced early February
Registration No. 123100 - F

MTR Fee: \$75.00 NR Fee: \$80.00

(fees based on double occupancy)

Registration deadline: January 18, 2007

Join us for an overnight trip to the Grande Hotel and Mountaineer Race Track & Gaming Resort. Take your pick from the 3,500 reel and video slot machines, or watch live thoroughbred racing. You may want to just take in the live entertainment or spend time at the spa and fitness centre.

Your tour includes: Roundtrip motor coach transportation, 1 nights lodging at the Grande Hotel at the Mountaineer Race Track & Gaming resort in Chester, West Virginia, \$10 coin voucher and \$10 food coupon per night, and taxes on lodging.



WILLY WONKA

Macomb Center for the Performing Arts

44575 Garfield Rd. (Southwest Corner of Garfield and M-59)

Saturday, March 3, 2007

Showtime: 2:00PM

Registration No. 123100 - I

MTR Fee: \$13.00 NR Fee: \$18.00

Join Willy Wonka and his band of Oompa Loompas as they lead Charlie, the spoiled-rotten Veruca Salt, gluttonous Augustus Gloop, gum-chewing Violet Beauregarde, and television junkie Mike Teavee through a labyrinth of lemon drops, life lessons, and giggles galore. Featuring live actors, puppets, plenty of surprises, and many memorable songs-including "The Candy Man," "I Want It Now!," and "Pure Imagination"-Roald Dahl's Willy Wonka is a scrumptious musical theater treat for the entire family.



Tickets will be available near the Will Call area the day of the performance by a Macomb Township Parks & Recreation Staff member. Please meet at Will Call no later than 1:45 p.m. to pick up tickets.

SOUTH CAROLINA'S MYRTLE BEACH

Depart from Marvin Blank Senior Center

19925 23 Mile Rd (one mile east of Romeo Plank Rd.)

March 3-10, 2007

Departure times announced late February

Registration No. 123100-A

MTR Fee: \$710.00 NR Fee: \$715.00
(fees based on double occupancy)

Full Payment Due at Registration Time
Registration deadline: January 20, 2007

Discover the Atlantic Beauty that is Myrtle Beach, one of America's favorite vacation destinations! Myrtle Beach consists of 60 miles of sun-splashed beach, more than 100 golf courses, 1500 restaurants, outstanding live entertainment and best of all, shopping, shopping, and more shopping!

Tour includes: Round trip motor coach transportation, 2 nights lodging en route in Corbin, KY, 5 nights lodging at the Sand Dunes Resort Hotel, Myrtle Beach, 2 continental breakfasts, luggage handling and taxes and tips on included accommodations. Flyers with additional information are available at the Macomb Township Recreation Center and the Marvin Blank Senior Center.

ALWAYS PATSY CLINE

Cornwell's Dinner Theatre – Marshall, Mi

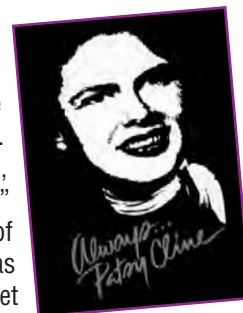
Monday, April 2, 2007

8:00AM

Registration No. 123100-D

MTR Fee: \$75.00 NR Fee: \$80.00

More than a tribute to the legendary country singer, this show is based on a true story of Cline's friendship with a fan from Houston named Louise Seger, who continued a correspondence with her until her death in 1963. Patsy always signed her letters, "Love ALWAYS... Patsy Cline." This musical play includes many of Patsy's unforgettable hits, such as Crazy, I Fall to Pieces, and Sweet Dreams.



Depart from the Marvin Blank Senior Center, 19925 23 Mile Road (one mile east of Romeo Plank). Participants will be called in advance for departure and return times. This is a 2:00 p.m. Matinee Show.

ANTI GRAVITY: THE TOUR

Macomb Center for the Performing Arts

44575 Garfield Rd. (Southwest Corner of Garfield and M-59)

Wednesday, April 11, 2007

Showtime: 7:30PM

Registration No. 123100 - J

MTR Fee: \$42.00 NR Fee: \$47.00

AntiGravity's unique style melds aerial acrobatics, extreme sports and urban dance with technology and popular culture for an edgy, action-packed display of heart-pounding physicality and beauty. AntiGravity brings their adrenaline pumping skills to our stage for the first time. This show promises to be a wildly fun night of awe-inspiring, death-defying, levity set to the biggest names in pop music.

Tickets will be available near the Will Call area the night of the performance by a Macomb Township Parks & Recreation Staff member. Please meet at Will Call no later than 7:15 p.m. to pick up tickets.

FRIENDLY REMINDER...

Nothing ruins a good program quicker than everyone waiting until the last minute to register! Please register early to ensure that the program will run.





LITTLE RIVER CASINO RESORT

Manistee, Michigan

Depart from Marvin Blank Senior Center

19925 23 Mile Rd (one mile east of Romeo Plank Rd.)

April 24 – 25, 2007

Registration No. 123100 - G

MTR Fee: \$70.00 NR Fee: \$75.00
(fees based on double occupancy)

Registration deadline: April 3, 2007

Over 1300 of Michigan's hottest slots with million-dollar winners at our wide area progressives. It's excitement in a relaxing atmosphere. Join the fun at one of our 30 table games including Craps, Blackjack, Roulette, Caribbean Stud Poker, 3 Card Poker and Let it Ride Bonus. From Chicago to Detroit...from the Upper Peninsula to Cincinnati, nobody offers more poker action than Little River Casino Resort!



BRANSON

Depart from Marvin Blank Senior Center

19925 23 Mile Rd (one mile east of Romeo Plank Rd.)

May 16-21, 2007

Departure times announced Early May

Registration No. 123100-B

MTR Fee: \$900.00 NR Fee: \$905.00
(fees based on double occupancy)

\$180.00 deposit due at time of registration.

Balance must be paid in full no later than April 11, 2007

Registration deadline: April 11, 2007

It's the "LIVE MUSIC SHOW CAPITAL OF THE WORLD".
Travel with us to Branson, Missouri.

Flyers with additional information are available at the Macomb Township Recreation Center and the Marvin Blank Senior Center.

CIRCLE A GREAT LAKE

Depart from Marvin Blank Senior Center

19925 23 Mile Rd (one mile east of Romeo Plank Rd.)

July 15-22, 2007

Departure times announced late June

Registration No. 123100-C

MTR Fee: \$1400.00 NR Fee: \$1405.00
(fees based on double occupancy)

\$280.00 deposit due at time of registration.

Balance must be paid in full no later than June 11, 2007

Registration deadline: June 11, 2007



Depart for the Upper Peninsula of Michigan to begin your tour around Lake Superior, the largest fresh-water lake in the world. This trip will take you to Lake Superior's North Shore, Keweenaw Peninsula, Apostle Islands, Duluth Cooper Harbor, and Thunder Bay.

Flyers with additional information are available at the Macomb Township Recreation Center and the Marvin Blank Senior Center.

MACOMB TOWNSHIP LITTLE LEAGUE

Registration Times Are 6:00-8:30PM

Jan 11, 2007	Thursday	Mohawk Elementary
Jan 16, 2007	Tuesday	Mohawk Elementary
Jan 18, 2007	Thursday	Mohawk Elementary

Fees:

Tee Ball and Coach Pitch - Ages 5-8.....\$80

Minors and Majors - Ages 9-12.....\$90

Juniors and Seniors - Ages 13-16.....\$95

Multiple family member discount of \$5 per additional family member

CLINTON VALLEY GIRL'S SOFTBALL LEAGUE

Registration Times Are 6:00-8:00PM

All Girls living in Macomb Township, Clinton Township, and Fraser who will be 5 years old through 18 years old as of 1/1/07 are encouraged to join the fun!

Clinton Valley Girls Softball League has scheduled four "in-person" registration dates for the 2007 summer season.

Jan. 9, 2007	Tuesday	Mohawk Elementary
Jan. 16, 2007	Tuesday	Erie Elementary
Jan. 23, 2007	Tuesday	Clinton Macomb Public Lib.
Jan. 30, 2007	Tuesday	Ebeling Elementary

For on-line registration, Visit our website www.cvgsl.org or call CVGSL @ (586) 263-1862 for more information.

LOCAL YOUTH ATHLETIC PROGRAMS

Macomb Township Parks and Recreation Department frequently provides facilities for local Parent-run youth athletic organizations. All questions or inquiries regarding league information, schedules and registration are to be directed to the various organizations listed below:

Macomb Township Little League (586) 615-5545
www.mtlb.com

A.Y.S.O. Soccer (586) 739-9797

Clinton Valley Girls Softball (586) 263-1862
www.cvgsl.org

Macomb Mustangs Football
www.macombmustangs.com

Macomb Mustangs Lacrosse (586) 247-6407
United Soccer League (586) 992-2707

**GymTyme with Ms. Debbie****Parent & Tot Classes****Marvin Blank Senior Center****19925 23 Mile Road** (one mile east of Romeo Plank Rd.)

Many have enjoyed classes with Ms. Debbie, now here's your chance. GymTyme is a gymnastics-based motor skills program designed to build self-confidence and self-esteem through music, movement, and motivation. Class emphasis is on developing strength, flexibility, balance, rhythm, and building longer attention spans, problem solving skills, and how to follow directions. Program is curriculum based and non-competitive.

Ms. Debbie is a high energy instructor with a background in early childhood development, developing athletic skills, and is U.S.A.I.G.C. certified. Classes are motivational and structured. Students build on skills and "graduate" from class to class.

Session: 8 lessons (1 day a week for 8 weeks)

Class Size: Minimum 7, Maximum 15

MTR Fee: \$85.00

NR Fee: \$90.00

3's of a Kind – Advanced (Returning Students)

Designed for youngsters ages 2 -1/2 to 3-1/2 with their parent. Expand skill level to include, cartwheels, handstands, and back flips. Each class is high energy and fun-filled. Activities include bear crawling, flipping over the bar, back somersaults and donkey kicks. Parents join their tots in parachute games, aerobic activities, songs, games, and watch as their child's independence grows.

Session I	Days	Dates	Time
111102-I	Fr	Jan. 19-Mar. 23*	9:30-10:15AM

Session II	Days	Dates	Time
111102-J	Fr	Apr. 20-Jun. 8	9:30-10:15AM

Me 2 (Parent & Tot)

This class is for youngsters ages 1-1/2 to 2-1/2 years with their parent. Introduce your child to fitness with fun. Parachute, sport balls, and bubbles, as well as introductions to tumbling skills and flips, are part of this high-energy class. Watch your child's coordination and confidence grow.

Session I	Days	Dates	Time
111102-A	Fr	Jan. 19-Mar. 23*	10:30-11:15AM

Session II	Days	Dates	Time
111102-B	Fr	Apr. 20-Jun. 8	10:30-11:15AM

3's of a Kind (New Students)

Designed for youngsters ages 2 -1/2 to 3-1/2 with their parent. Expand skill level to include, cartwheels, handstands, and back flips. Each class is high energy and fun-filled. Activities include bear crawling, flipping over the bar, back somersaults and donkey kicks. Parents join their tots in parachute games, aerobic activities, songs, games, and watch as their child's independence grows.

Session I	Days	Dates	Time
111102-G	Fr	Jan. 19-Mar. 23*	11:30AM-12:15PM

Session II	Days	Dates	Time
111102-H	Fr	Apr. 20-Jun. 8	11:30AM-12:15PM

*(No class on Feb. 23, Winter Break)

KARATE KIDS**Beginner – Intermediate Martial Arts****Marvin Blank Senior Center****19925 23 Mile Road** (one mile east of Romeo Plank Rd.)

In these eight-week sessions, boys and girls ages 6-13 are introduced to the Isshinryu style of karate.

Led by Black Belt instructor Keith Burke, students will learn self-defense through basic karate techniques. These introductory classes are designed to improve balance, increase strength, and enhance coordination.

Through karate, students can develop self-discipline and self-control, while improving self-confidence and physical fitness.

Participants should register by January 19.

Karate Basics – Beginners – Session II

Returning Students Only

Session: 8 weeks – Saturdays

Class Size: Maximum 20

MTR Fee: \$80.00 per person

NR Fee: \$85.00 per person

No.	Ages	Dates	Time
111101-A	6-13	Jan. 27-Mar. 24	9:00-10:00AM

(No class on Feb. 24)

Advanced Karate* – Intermediate/Advanced

Session: 8 weeks – Saturdays

Class Size: Minimum 10, maximum open

MTR Fee: \$90.00 per person

NR Fee: \$95.00 per person

No.	Ages	Dates	Time
111101-B	6-13	Jan. 27-Mar. 24	10:00-11:30AM

(No class on Feb. 24)

*Only returning students who have taken the beginner class (a minimum of 2 sessions) through Macomb Township Parks & Recreation are eligible to register for the advanced class.

**PARKS & RECREATION**

**Creating Community Through
People, Parks & Programs**



MTRC CANCELLATIONS HOTLINE (586) 992-2090

ABRACADABRA'S KIDS MAGIC CLASS

Macomb Township Recreation Center
20699 Macomb St. (off Broughton Rd., south of 25 Mile Rd.)

Monday, January 15 – Monday, January 29
(3 weeks)

6:30-7:30PM

Registration No. 115300-A

MTR Fee: \$ 39.00 NR \$44.00
MTRC Members receive \$5.00 discount

Kids ages 6-11 will learn how to create their own illusions from everyday objects. They will learn how to have confidence in themselves performing, presenting and public speaking. All supplies and materials are included with the price of the class. Kids will receive along with the nine tricks, a magic wand, a magic hat, and a master magician's certificate signed by Barry the Great.

Instructor: Barry the Great
Class Size: Maximum 25



ABRACADABRA'S CONTINUING MAGICAL ARTS

Macomb Township Recreation Center
20699 Macomb St. (off Broughton Rd., south of 25 Mile Rd.)

Monday, February 12 – Monday, February 26
(3 weeks)

6:30-7:30PM

Registration No. 115300-B

MTR Fee: \$ 39.00 NR \$44.00
MTRC Members receive \$5.00 discount

For the kids who have completed Abracadabra's Kids Magic Class and want to learn more illusions. As in the first class, each child will have the opportunity to perform publicly. This class will teach another nine tricks. We will discuss misdirection, plus, a bonus rubber band workshop. At the end of the class, students will receive a certificate of completion.

Instructor: Barry the Great
Class Size: Maximum 25



AFTER SCHOOL ACTORS Young Performers Theatre Art



Marvin Blank Senior Center

19925 23 Mile Road (one mile east of Romeo Plank Rd.)

Aspiring actors and actresses, here's your chance to learn how to perform on stage and be a part of the cast! During this eight-week program, participants will be introduced to various aspects of theatre, including improvisational games, auditioning for parts reading the script, introduction to the stage area, terminology, and more.

Director Debby Ryle encourages participants to strive for excellence in a positive class environment. The full program will focus on a short play to be presented at the end of the session for family and friends. All participants receive a trophy and certificate.

MTR Fee: \$50.00 NR Fee: \$55.00

Minimum: 10 maximum 25

No.	Ages	Days	Dates	Time
111501-A	5-16	Tu	Jan. 16-Mar. 13	5:00-6:30PM

(No class on Feb. 20, Winter Break)

Performance to be held on March 13 at 7:00pm.

YOUNGBLOOD QB/WR

NEW!

Football Training – Ages 8-14

Soccer City – Shelby Township

23 Mile Road (between Dequidre and Ryan)



Ready, Set, Hike. It's time to sign-up for quarterback and wide receiver training.

These sessions are designed for aspiring quarterbacks and receivers with emphasis on the fundamentals of the sport. Training focuses on proper techniques, including proper grip, throwing motion, ball handling, footwork, and skill development, coached in a positive and upbeat tempo.

Professionally led and developed by Co-Directors Joe and Terry Youngblood. Joe played quarterback at Eisenhower High School and at Central Michigan University, where he was a two time MVP, pre-season All-American, and finalist for the Johnny Unitas Award, while Terry played wide receiver at Eisenhower and at Hillsdale College, and is a current member of the coaching staff at Cousino High School.

All football players are required to wear tennis shoes or football shoes and bring a bottled water or juice each week. Quarterbacks should bring their own football for skills and drills.

Session: 4 weeks – Thursdays

MTR Fee: \$140.00 NR Fee: \$145.00

No.	Pos	Days	Dates	Time
115502-A	QB	Th	Mar. 1-Mar. 22	6-8PM
115502-B	WR	Th	Mar. 1-Mar. 22	6-8PM



SUCCESS WITH CHESS

Winter Warm Up – Unrated Chess Tournament for Youth Grades K-8

Marvin Blank Senior Center

19925 23 Mile Road (one mile east of Romeo Plank Rd.)

Friday, Jan. 26

6:00-8:30PM

Registration No. 111503-A



MTR Fee: \$18.00 NR Fee: \$23.00

Maximum: 60 participants

Check mate! Sign-up and play chess in this four round chess tournament. Please include your child's grade level on the registration form. Tournament participants (grades K-8) will play against other students in the same grade level. If there are less than eight students per grade, grade levels/awards will be combined for pairing purposes at this fun-filled event.

Entry fee includes: four round chess tournament versus students in your own grade, trophies to the top five finishers in each grade level, and medals to all participants not receiving trophies.

Led by Certified Chess Tournament Director Chantelle Mitchell, all participants should check in between 5:15-5:45pm. Rules explained and play starts promptly at 6pm. Awards presentation at 8:15pm. Parents are welcome to stay for the duration of the tournament or pick-up their child by 8:30pm.

You must know how to play chess in order to register/participate.

SUCCESS WITH CHESS

Rated – Chess Tournaments for Youth in grades K-12

Marvin Blank Senior Center

19925 23 Mile Road (one mile east of Romeo Plank Rd.)

Saturday, Mar. 3 (Register by: Feb. 12)

12:15-5:15PM

Registration No. 111503-B

MTR Fee: \$25.00 NR Fee: \$30.00

Maximum: 60

Open to all players in grades K-12, these tournaments are geared for participants who have experience in rated tournament play and to participants who are interested in earning a national chess rating.

In these four round tournaments, participants will compete in 5 rated sections: K-1, 2-3, 4-5, 6-7, 8-12. Participants may play up one section. Please indicate what section your child would like to play in.

Check in for the tournaments will be from 12:15-12:45pm. Round 1 begins at 1:00pm. Each round will last one hour. The tournaments conclude with an awards ceremony at 5:15pm, with trophies awarded to all participants., with larger trophies to be awarded to the top five finishers in each division.

Tournament participants must be members of the United States Chess Federation in order to participate in these rated tournaments. All tournament participants MUST bring proof of their USCF membership to the tournament, or can register for their membership on-site. Membership fees and details available at the tournament site.

Please include your child's grade level on the registration form when registering for this tournament.



SUCCESS WITH CHESS

Unrated – Chess Tournament for Youth in grades K-8

Marvin Blank Senior Center

19925 23 Mile Road (one mile east of Romeo Plank Rd.)

Saturday, Mar. 3 (Register by: Feb. 12)

12:15-5:15PM

Registration No. 111503-C

MTR Fee: \$25.00 NR Fee: \$30.00

Maximum: 20

Open to all players in grades K-8, this tournament is geared with the beginner/intermediate player in mind and to those who are new to tournament play.

In this four round tournament, participants will compete against students in their own grade. If there are less than 8 students in each grade, grades will be combined.

Please bring your chess set.

Check in for the tournament will be from 12:15-12:45pm. Round 1 begins at 1:00pm. Each round will last one hour. Each player will have 30 minutes to make their moves. The tournament conclude with an awards ceremony at 5:15pm, with trophies awarded to all participants., with larger trophies to be awarded to the top five finishers in each division.

Please include your child's grade level on the registration form when registering for these tournaments.





YOUNG REMBRANDTS

Pre-School Drawing

Marvin Blank Senior Center

19925 23 Mile Road (one mile east of Romeo Plank Rd.)

Young Rembrandts instructors provide a positive, nurturing environment for your child. Each week participants will learn to draw something, from fish to teddy bears, rainbows to cowboys, and talk about the subject matter as participants learn to draw it together. Classes will emphasize drawing and coloring, with attention to developing fine motor skills, focus, listening, staying on task, spatial organization, and patience.

Sessions are 6 weeks, meeting one day per week.

Classes are 45 minutes, all materials are provided-happy, smiling faces guaranteed.

Always new lessons-each session!

Ages: 3-5

Class Size: Minimum 6, Maximum 10

Session: 6 lessons (1 day a week for 6 weeks)

MTR Fee: \$50.00 NR Fee: \$55.00

Session I	Days	Dates	Time
111515-A	Tu	Jan. 16-Feb. 27	9:30-10:15AM
(No class on Tuesday, February 20, Winter Break Holiday)			

Session II	Days	Dates	Time
111515-B	Tu	Mar. 13-Apr. 24	9:30-10:15AM
(No class on Tuesday, April 10, Spring Break Holiday)			



INFORMATION ABOUT REGISTERING
AND THE CLASS/EVENT REGISTRATION
FORM CAN BE FOUND ON PAGES
30 AND 31 OF THIS BROCHURE.

YOUNG REMBRANDTS

Elementary Age Drawing and Cartooning

Marvin Blank Senior Center

19925 23 Mile Road (one mile east of Romeo Plank Rd.)

Elementary Drawing Classes - Ages 6-12

Get ready to draw amazing things! Young Rembrandts innovative step-by-step drawing method can teach any child how to draw-regardless of artistic ability, giving them skills to express their creativity that will last a lifetime. We provide all materials and brand new subject matter every week, ranging from animals, landscapes, still lifes, even art history. Our philosophy is to give children a positive, nurturing environment, with emphasis on fundamental drawing techniques. Aspiring artists will see increased ability, self-confidence, and self-esteem.

Sessions are 6 weeks, meeting one day per week.

Classes are 45 minutes, all materials are provided-happy, smiling faces guaranteed.

Always new lessons-each session!

Ages: 6-12

Class Size: Minimum 6, Maximum 15

Session: 6 lessons (1 day a week for 6 weeks)

MTR Fee: \$50.00 NR Fee: \$55.00

Session I	Days	Dates	Time
111515-C	Sa	Jan. 20-Mar. 3	9:30-10:30AM
(No class on Saturday, February 17, Winter Break Holiday)			

Session II	Days	Dates	Time
111515-D	Sa	Mar. 17-Apr. 28	9:30-10:30AM
(No class on Saturday, April 7, Spring Break Holiday)			

Cartoon Drawing Classes - Ages 6-12

Learning to draw can be lots of fun! Especially if we're creating silly characters, funny expressions, and drawing sequences that tell jokes! This delightful program combines Young Rembrandts innovative step by step drawing method with light-hearted subject matters that engage children, their sense of humor and their vivid imaginations. All materials are supplied. Giggles guaranteed.

Always new lessons-each session!

Ages: 6-12

Class Size: Minimum 6, Maximum 15

Session: 6 lessons (1 day a week for 6 weeks)

MTR Fee: \$50.00 NR Fee: \$55.00

Session I	Days	Dates	Time
111515-E	Sa	Jan. 20-Mar. 3	10:45-11:45AM
(No class on Saturday, February 17, Winter Break Holiday)			

Session II	Days	Dates	Time
111515-F	Sa	Mar. 17-Apr. 28	10:45-11:45am
(No class on Saturday, April 7, Spring Break Holiday)			





SUPER "BOWL" SUNDAYS

Parent & Child Bowling League

Kingswood Lanes

49925 N. Groesbeck, Clinton Twp (south of Hall Rd.)

Sundays are sure to be a blast as parent and child teams hit the lanes! In this ten week league, parent & child teams will bowl 2 games per week.

Weekly league fee is \$6 per bowler, which includes: 2 games of bowling, shoe rental, weekly standings, an end of season pizza party, and awards for the kids.

Weekly fee is paid directly to Kingswood Lanes (each week) and individual average scores will be calculated. No handicap scoring system or bowling against other teams/individuals, this program is designed to be a great start to bowling in a recreation league.

All participants must include if they would like to bowl with another parent/child team at the time of registration, maximum 4 bowlers per lane.

* Please note – League is a 10 week session, there is no bowling scheduled on Sunday, February 18, Winter Break.

Register by: Monday, January 15

MTR Fee: \$5.00 per bowler all ages league registration fee

NR Fee: \$10.00 per bowler all ages league registration fee



Bumper League * (Ages 7 and under)

Maximum-36 Bowlers

No.	Days	Dates	Time
142604-A	Su	Jan. 21-April 1	1:00-3:00PM

*Teams that sign-up for the bumper league, both parent and child will bowl on a lane with bumpers.

Open League * (Ages 8 and above)

Maximum-36 Bowlers

No.	Days	Dates	Time
142605-A	Su	Jan. 21-April 1	1:00-3:00PM

YOUTH BOWLING

Kingswood Lanes

49925 N. Groesbeck, Clinton Twp (south of Hall Rd.)

Sign-up as an individual, with a friend, or as a team of three. All participants must include who they would like to bowl with at the time of registration.

Bowlers will play on the same lane each week, and individual average score will be calculated. No handicap scoring system or bowling against other teams/individuals, this program is designed to be a great start to bowling in a recreation league.

In this ten week program, participants bowl 2 games per week. Registration fee covers weekly bowling, shoe rental, weekly snack of 1 pizza slice and 1 small fountain soft drink, end of season pizza party and an award.

* Please note – League is a 10 week session, there is no bowling scheduled on Wednesday, February 21, Winter Break.

Register by: Wednesday, January 10

MTR Fee: \$75.00

NR Fee: \$80.00

Bumper League * (Ages 4-7)

Maximum-36 Bowlers

No.	Days	Dates	Time
112602-A	We	Jan. 17-Mar. 28	4:30-6:00PM

Open League * (Ages 8-15)

Maximum-36 Bowlers

No.	Days	Dates	Time
112603-A	We	Jan. 17-Mar. 28	4:30-6:00PM

SUPER SOCCER

Soccer Clinics for Kids – Ages 2-3, 4-5

Premier Training Center

51379 Quadrate Drive (located in the Quadrate Park Complex, off 23 Mile Rd, between Hayes and Romeo Plank Rd)

In these introductory classes to the sport of soccer, participants will be introduced to simple soccer training and games in an exciting and safe environment.

Kiddy Kickers – Ages 2-3 (with parent)

Session: 6 weeks – Tuesdays

Class Size: Minimum 8, maximum 15

MTR Fee: \$50.00

NR Fee: \$55.00



Kiddy Kickers-Please note parents will be participating on the field with their tot(s) in these interactive clinics.

No.	Ages	Days	Dates	Time
115501-A	2-3	Tu	Jan. 9-Feb. 13	10-10:45AM
115501-B	2-3	Tu	Jan. 9-Feb. 13	1-1:45PM
115501-C	2-3	Tu	Feb. 27-Apr. 3	10-10:45AM
115501-D	2-3	Tu	Feb. 27-Apr. 3	1-1:45PM

Kicks are for Kids – Ages 4-6

Session: 6 weeks – Tuesdays

Class Size: Minimum 8, maximum 15

MTR Fee: \$50.00

NR Fee: \$55.00

No.	Ages	Days	Dates	Time
115501-E	4-6	Tu	Jan. 9-Feb. 13	10:45-11:30AM
115501-F	4-6	Tu	Jan. 9-Feb. 13	1:45pm-2:30PM
115501-G	4-6	Tu	Feb. 27-Apr. 3	10:45-11:30AM
115501-H	4-6	Tu	Feb. 27-Apr. 3	1:45-2:30PM



MAJOR LEAGUE SOCCER CAMPS

Spring Break Camps

Macomb Corners Park - Soccer Fields 25 Mile Road (east of Luchtman Rd.)

Kids can get their kicks this spring break at Major League Soccer Camps! The full week of camp features three distinct programs offered for a variety of ages.

Camps are held outdoors at Macomb Corners Park - soccer fields.

Register for MLS Camps by April 2.



Mini-Wee Soccer Camp-Ages 2-4 (with parent)

The Mini-Wee program is a great introductory soccer experience for children with their parent. It is based on a total fun and games philosophy and uses soft play products to ensure a positive start to the sport of soccer. The camp meets Monday-Friday for 45 minute sessions. Campers receive a soccer ball, camp t-shirt, and an evaluation.

Ages: Boys and girls, 2-4 years, with parent

Camp Size: Minimum 10, Maximum 12

MTR Fee: \$66.00 NR Fee: \$71.00

No.	Days	Dates	Time
115100-A	Mo-Fr	Apr. 9-13	10:00-10:45AM

Munchkin Soccer Camp-Ages 5-6 years

Campers will learn the fundamentals of soccer in a positive and high-energy environment. Soccer related games, activities, and modified game play, are included in the week of camp. The camp program meets Monday-Friday for ninety minute sessions. Campers receive a camp t-shirt and evaluation. All Campers should bring a soccer ball to camp every day.

Ages: Boys and girls 5-6 years

Camp Size: Minimum 10, Maximum 15

MTR Fee: \$90.00 NR Fee: \$95.00

No.	Days	Dates	Time
115100-B	Mo-Fr	Apr. 9-13	11:00AM-12:30PM

Strikers Soccer Camp-Ages 7 & above

Fundamentals, challenging skills and tactics, and modified game play are highlights during camp week. Camp meets Monday-Friday for 3 hour sessions. All campers receive a camp t-shirt and an evaluation.

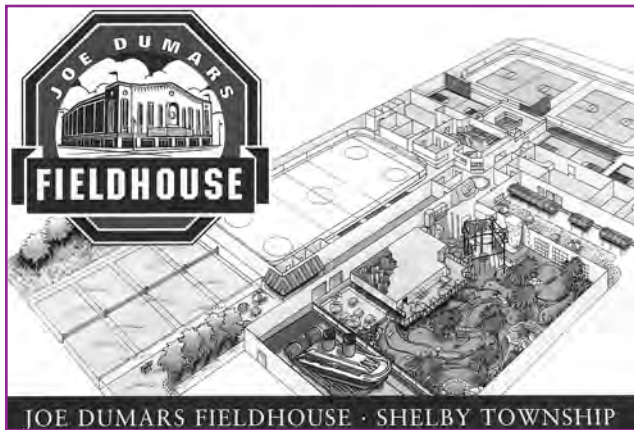
All Campers should bring a soccer ball to camp every day.

Ages: Boys and girls 7 & Above

Camp Size: Minimum 10, Maximum 15

MTR Fee: \$138.00 NR Fee: \$143.00

No.	Days	Dates	Time
115100-C	Mo-Fr	Apr. 9-13	1:00-4:00PM



JOE DUMARS' FIELDHOUSE

The following classes are being offered at JOE DUMARS' FIELDHOUSE located at 45300 Mound Road in Shelby Twp. and the JOE DUMARS' FIELDHOUSE ANNEX, located at 43655 Utica Road in Sterling Heights.

Joe Dumars' Fieldhouse offers fun, non-competitive sports programs for kids ages four and up. Participants will not only learn the fundamental skills of the sport they are playing, they will also learn essential life skills such as active listening, team play and goal setting. While focusing on certain fundamentals each season, our programs are designed to provide a growing challenge to returning participants. **Each class meets once a week for seven consecutive weeks of instruction.**

NOTE: Contact Macomb Township Parks & Recreation to register for these classes.

BASKETBALL

Classes meet at the Annex (43655 Utica Road)

Grades: 1st-9th

SKILLS: Dribbling, shooting, passing and defense.

COST: \$99 per participant

Grades: 1st-3rd

115401-A	Pee Wee	Sat. Jan. 20	8-8:55am
115401-B	Pee Wee	Tues. Jan. 23	5:30-6:25pm
115401-C	Pee Wee	Sat. Mar. 10	8-8:55am
115401-D	Pee Wee	Tues. Mar. 13	5:30-6:25pm

Grades: 4th-6th

115401-E	Beginner	Sat. Jan. 20	9-9:55am
115401-F	Inter/Adv	Sat. Jan. 20	10-10:55am
115401-G	Beg/Int	Tues. Jan. 23	6:30-7:25pm
115401-H	Beginner	Sat. Mar. 10	9-9:55am
115401-I	Int/Adv	Sat. Mar. 10	10-10:55am
115401-J	Beg/Int	Tues. Mar. 13	6:30-7:25pm

Grades: 7th-9th

115401-K	Beginner	Sat. Jan. 20	12-12:55pm
115401-L	Int/Adv	Sat. Jan. 20	11-11:55am
115401-M	Beginner	Sat. Mar. 10	12-12:55pm
115401-N	Int/Adv	Sat. Mar. 10	11-11:55am



FLOOR HOCKEY

Classes meet at the Annex (43655 Utica Road)

Ages: 4-6

SKILLS: Shooting, stick handling and passing.

COST: \$99 per participant

115415-ASat. Jan. 20 12-12:55pm

115415-BSat. Mar. 10 12-12:55pm

FOOTBALL

Classes meet at the Annex (43655 Utica Road)

This class will be held on a hard-wood floor rather than on turf.

Ages: 7-12

SKILLS: Passing, catching, blocking, kicking and pass routes.

COST: \$99 per participant

115409-A Beginner Sat. Jan. 20 1-1:55pm

115409-B Beginner Sat. Mar. 10 1-1:55pm

MULTISPORT

Classes meet at the Annex (43655 Utica Road)

Ages: 4-6

SKILLS: Soccer, basketball, tee ball, floor hockey and more!

COST: \$99 per participant

115404-ASat. Jan. 20 10-10:55am

115404-BThurs. Jan. 25 5-5:55pm

115404-CSat. Mar. 10 10-10:55am

115404-DThurs. Mar. 15 5-5:55pm

PARENT AND CHILD

Classes meet at the Annex (43655 Utica Road)

Ages: 4-6

SKILLS: Soccer, basketball, tee ball, floor hockey and more!

COST: \$99 per participant

115416-ASat. Jan. 20 11-11:55am

115416-BSat. Mar. 10 11-11:55am

SOCCER

Classes meet at the Annex (43655 Utica Road)

Ages: 4-6

SKILLS: Dribbling, passing, trapping and shooting.

COST: \$99 per participant

115408-ASat. Jan. 20 9-9:55am

115408-BSat. Mar. 10 9-9:55am

TEE-BALL

Classes meet at the Annex (43655 Utica Road)

Ages: 4-6

SKILLS: Base running, catching, hitting and fielding.

COST: \$99 per participant

115406-ASat. Jan. 20 8-8:55am

115406-BSat. Mar. 10 8-8:55am

BASEBALL

Classes meet at the Annex (43655 Utica Road)

Ages: 7-12

SKILLS: Advanced field techniques and positioning.

COST: \$99 per participant

115417-AThurs. Jan. 25 6-6:55pm

115417-BThurs. Mar. 15 6-6:55pm

VOLLEYBALL

Classes meet at the Fieldhouse (45300 Mound Road)

Ages: 10-14

SKILLS: Digging, serving, spiking, blocking and setting.

COST: \$99 per participant

115402-AWed. Jan. 24 5:30-6:25pm

115402-BWed. Mar. 14 5:30-6:25pm



*INFORMATION ABOUT REGISTERING
AND THE CLASS/EVENT REGISTRATION
FORM CAN BE FOUND ON PAGES
30 AND 31 OF THIS BROCHURE.*



54755 Broughton
(586) 992-8600
www.suburbanice.com

**REGISTRATIONS FOR ALL SUBURBAN ICE PROGRAMS
MUST BE SUBMITTED TO SUBURBAN ICE – Macomb.**
See above for address and phone number.

**REGISTRATIONS ARE CURRENTLY BEING TAKEN VIA
PHONE OR WALK-IN AT SUBURBAN ICE-MACOMB.**

LEARN TO SKATE

Parent Tot

For skaters ages 3-5 years of age with little or no skating experience. Learn basic balance and skating skills in a fun, introductory class with their parent or adult friend. Participating adults should be able to skate.

Snowplow Sam 1-3

For skaters ages 3-5 years of age with little or no skating experience. Learn basic balance and skating skills in an age appropriate setting.

Basic 1-8

Ages 6 and up. All beginner skaters will begin in Basic 1. Classes cover a wide range of skating skills from basic forward and backward skating to more advanced elements and maneuvers. Skills build on each other as skaters progress through each level.

Adult 1-4

For skaters 16 and older. Class designed for the mature skater interested in learning how to skate.

Fees: \$100 for Parent Tot (parent skates free); \$90 for Snowplow Sam 1; \$85 for all other classes.

Class times and dates vary. Please contact Suburban Ice-Macomb for more details. 586-992-8600

SUBURBAN FUNDAMENTAL ICE HOCKEY (LEARN TO PLAY)

MIGHTY MITE (Ages 4-6)

Mighty Mites is recommended as the first step for beginning hockey players who have completed a Learn-to-Skate class and have a solid base of fundamental skating skills. Emphasis will be on creating a fun, challenging environment for players to learn the beginning principles of skating in equipment, stickhandling and puck skills. The program is held for an hour on Sunday (3:30 pm) or Thursday (4:30 pm) afternoons.

Fees: \$100 registration fee plus \$100 due in November

GIRLS FUNDAMENTAL ICE HOCKEY (LEARN TO PLAY)

ADORABELLES (Ages 4-7)

This program is a great way to get started, with a good mix of fundamental skating and hockey skills and plenty of fun and games for beginning girl hockey players. The program is held for an hour on Sunday (3:30 pm) or Thursday (4:30 pm) afternoons.

Fees: \$100 registration fee plus \$100 due in November

INCREDIBLES (Ages 6-9)

This program skates once a week on Sundays, from 5:30-7 pm. Incredibles is the introduction to team play; after a training camp, the girls will be divided up into teams. Each session will consist of 40 minutes of practice to learn and improve skating and puck skills, and 40 minutes of cross-ice and half-ice games between the teams.

Fees: \$100 registration fee plus installments (\$175, \$175 & \$150)

Class times and dates vary. Please contact Suburban Ice-Macomb for more details. 586-992-8600

ADULT HOCKEY LEAGUES & INSTRUCTIONAL PROGRAMS

BEGINNER ADULT DEVELOPMENTAL LEAGUE 22 weeks starts October 8

This league is for new players ages 18 and older. The first five weeks will consist of an instructional training camp, with an emphasis on individual skating and puckhandling skills. Players will then be divided into equal teams and receive team jerseys. Teams will have two practices with an emphasis on basic positioning and fundamental skills prior to the beginning of games. The remainder of the season will consist of three games and one practice per month. Games are officiated by instructional staff members to enable them to coach the individual players and the teams on the ice during the play, on the bench and between periods to better facilitate the learning of hockey concepts, specific situations and the nuances of the game. Ice times are scheduled for Sundays between 5:30 and 8:00 pm.

Fees: \$395 per player/goalies skate free but must pre-register

LABATT ADULT HOCKEY LEAGUES

B, C and D-level leagues are available for team and individual registration on various nights. More information will be available in August...please call (586) 992-8600 or visit suburbanice.com

OPEN SKATING

Fees: Weekdays-\$3/admission, \$2/skate rental; Weekends-\$5/adult admission, \$4/children & seniors admission, \$3/skate rental

Days
Monday-Friday
Saturday & Sunday
Friday & Saturday

Times
Noon-1:50PM
2:45-4:35PM
8:15-10:05PM





ATTENTION PATRONS

All patrons signing up for Macomb Township Parks and Recreation activities are allowed to register members of their immediate family and one other family only. A signed registration form with name and address and separate payment must be provided for each family.

Thank you for your cooperation.

Macomb Township Parks and Recreation

2006 SPONSORS — THANK YOU!

John Anton Companies
Polaris Enterprises
Huntington Bank
GTR Builders, Inc.
Kristel Cleaning Co.
Oliver Sod Farms
TIAA CREF Financial
USA Credit Union
Bounce About

THANK YOU FOR YOUR DONATION FOR OUR HOLIDAY LIGHTING CEREMONY:

Macomb Optimist Club
Andiamos
Coney Grille
Aco Hardware
Dakota-Ambassador Choir
Kevin Rautio and Family

THANK YOU TO THE SPONSORS FOR OUR TEE UP FORE PARKS GOLF EVENT:

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Detroit Chemical
Express Builders, LLC
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Per-A-Mar Contractors, Inc.
Polaris Enterprises
Pulte Homes of Michigan
Spalding DeDecker Associates, Inc.
Urban Land Consultants
Plante & Moran, PLLC

HOW DO I REGISTER FOR A PROGRAM?

RESIDENT REGISTRATION

Advanced Registration for Macomb Township Residents will take place Saturday, January 6, 2007 from 8:00AM-11:30AM at the Macomb Township Recreation Center.

Registrations will NOT be accepted after 11:30AM on this day.

RESIDENT WALK-IN REGISTRATION

Registrations will be accepted from Macomb Township Residents on Monday, January 8 and Tuesday, January 9 from 8:00AM-8:00PM at the Macomb Township Recreation Center.

SWIM LESSON REGISTRATION

Registrations for swimming lessons will take place during resident registration. Those individuals wishing to register for swimming lessons who have not previously taken a swim test or participated in our swim lessons must take a swim test. Swimming tests will be conducted on January 6 during the time of registration. Additional swim test dates are January 8-11. Please read pages 3-5 in this brochure for detailed description. **Only Resident Registrations will be processed January 6.**

Registrations will NOT be accepted after 11:30am on this day.

MAIL-IN REGISTRATION

Mail-In registrations will be processed on Wednesday, January 10 from 8:00AM-12:00PM. In the event the class is full, you will be notified.

OPEN REGISTRATION

Beginning Wednesday, January 10 at 12:00PM, open registration will begin for everyone. Registrations will be taken at the following times: Monday-Friday, 8:00AM-8:00PM; Saturdays, 9:00AM-4:00PM; Sundays, 1:00PM-4:00PM.

CONFIRMATION RECEIPT

If you want a written confirmation receipt mailed to you please include a self-addressed stamped envelope with your registration form and payment.

PRO-RATE REGISTRATION FEES

Fees cannot be prorated due to late registration or partial attendance.

CANCELLATIONS

Macomb Township Parks & Recreation reserves the right to cancel a program due to a lack of enrollment or circumstances arising out of its control. If a program is cancelled all registrants will be notified and a full refund of registration fees will be processed.

RESIDENT DISCOUNT

Macomb Township residents receive a discount on many program registration fees due to their support of the parks and recreation program through a special assessment millage.

WE ACCEPT CASH AND CHECK PAYMENTS ONLY.

REFUND POLICY

CLASS REFUNDS

Unless noted in a class description, or other published material, customer-initiated refunds will be honored through the first class meeting. If the refund is requested as a household credit, which can be used toward future activities, the entire amount will be credited. If a refund check is requested, it will be mailed within 4 weeks less a \$5.00 processing fee.

Macomb Township Parks & Recreation reserves the right to cancel a program due to a lack of enrollment or circumstances arising out of its control. If a program is cancelled all registrants will be notified and a full refund of registration fees will be processed.

TRIP REFUNDS

No refunds on 1-day trips and extended travel unless a replacement is found.

SPECIAL EVENT REFUNDS

There are no refunds on special events.



MACOMB TOWNSHIP PARKS & RECREATION PROGRAM REGISTRATION FORM

Register by mail or in person:
Parks & Recreation Office
20699 Macomb Street
Macomb, MI 48042
(Off Broughton Road, south of 25 Mile Road)

Family Name _____ First Name _____
(List parent's name if participant is under 18 years of age.)

Address _____ City _____ Zip _____

Home Phone (____) _____ Work Phone (____) _____

Emergency Phone (____) _____

Participant's Name (Last/First)	Birthdate (mm/dd/yy)	M/F	Activity Name	Activity Number	Days	Times	Resident Fee	Non-Res. Fee
				—				
				—				
				—				
				—				
				—				
				—				

TOTAL

of Tickets (if applicable) _____

T-Shirt Size (if applicable) _____

Please make check or money order payable to
"Macomb Township Treasurer". Please do not mail cash.

Special Needs: _____

Macomb Township Release Agreement - In consideration of being permitted to participate in the township activity or use of any facilities in connection with this activity, the undersigned agrees to the following:

1. The undersigned hereby releases, waives, discharges and covenants not to sue Macomb Township, its employees, officers and agents (herein referred to as "releasees") from all liability to the undersigned his or her personal representatives, assigns, heirs, and next of kin for any loss, damage, or claim therefore on account of injury to the person or property of the undersigned whether caused by any negligent act or omission of the releasees or otherwise while the undersigned is participating in the Township activity or using any facility in connection with the activity.
2. The undersigned hereby agrees to indemnify and hold harmless the releasees from all liability, claims, demands, causes of action, charges, expenses, and attorney fees (including attorney fees to establish the releasee's right to indemnify or incurred on appeal) resulting from involvement in this activity whether caused by any negligent act or omission of the releasees or otherwise.
3. The undersigned hereby assumes full responsibility for and risk of bodily injury, death or property damage while upon Township property or participating in the activity or using any facilities and equipment whether caused by any negligent act or omission of releasees or otherwise.

The undersigned expressly agrees that the foregoing release and waiver, indemnity agreement and assumption of risk are intended to be as broad and inclusive as permitted by Michigan law and that if any portion thereof be held invalid, notwithstanding, the balance shall continue in full legal force and effect.

I acknowledge that I have read the foregoing and that I am aware of the legal consequences of this agreement, including that it prevents me from suing the Township or its employees, agents, or officers if I am injured or damaged for any reason as a result of participation in this activity. I further acknowledge that no oral representations; statements or inducements have been made.

If the participants are minors, his or her custodial parent or legal guardian must read and execute this agreement: I hereby warrant that I am the legal guardian or custodial parent of the above listed persons who are minors, and agree, on my own and on said minor's behalf to the terms and conditions of the foregoing agreement.

Signature _____ Print Name _____ Date _____

Office Use Only Staff Initials _____ Paid by check # _____ Paid by cash _____



MACOMB TOWNSHIP OFFICE PHONE NUMBERS

Building Department	(586) 992-0710, ext. 1	Finance Office	(586) 992-0710, ext. 7
Parks & Recreation Department	(586) 992-2900	Supervisor's Office	(586) 992-0710, ext. 8
Assessing Department	(586) 992-0710, ext. 3	Fire Department Headquarters	(586) 286-0030
Planning & Zoning Office	(586) 992-0710, ext. 4	Water & Sewer Department	(586) 598-0687
Treasurer's Office	(586) 992-0710, ext. 5	Water & Sewer (Emergency)	(586) 598-1790
Clerk's Office	(586) 992-0710, ext. 6		

FREQUENTLY REQUESTED PHONE NUMBERS

A.Y.S.O. Soccer	(586) 739-9797	Macomb Mustangs Lacrosse	(586) 247-6407
Boys & Girls Club - Shelby Township	(586) 566-5516	Macomb Township Little League	www.mtlb.com
Chesterfield Township Parks & Recreation	(586) 949-0400	Macomb Township Parks & Recreation Hotline	(586) 992-2909
Chippewa Valley School District	(586) 723-2000	Metro Beach Metropark	(586) 463-4581
Clinton-Macomb Library North Branch	(586) 226-5080	Michigan DNR Campground Reservations	(800) 44PARKS
Clinton Township Parks & Recreation	(586) 286-9336	New Haven School District	(586) 749-5123
Clinton Valley Girls Softball	(586) 263-1862	Romeo Washington Bruce Parks & Recreation	(586) 752-6543
Freedom Hill	(586) 979-7010	Shelby Township Parks & Recreation	(586) 731-0300
Girl Scouts Macomb County	(586) 263-0220	Stony Creek Metropark	(586) 781-4242
L'Anse Creuse School District	(586) 783-6300	Suburban Ice	(586) 992-8600
Macomb County Road Commission	(586) 463-8671	United Soccer League	(586) 992-2707
Macomb County Sheriff	(586) 469-5151	Utica Community School District	(586) 797-1000
Macomb Mustangs Football	www.macombmustangs.com	Wolcott Mill Metropark	(586) 749-5997

MACOMB TOWNSHIP

Township Board of Trustees

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Supervisor
Michael D. Koehs
Clerk
Marie Malburg
Treasurer
Dino F. Bucci, Jr.
Janet Dunn
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PARKS & RECREATION

Creating Community Through
People, Parks & Programs

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Parks & Recreation Director
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Facility Supervisor
Permelia G. Gross
Aquatics Supervisor
Jerry M. Krawchuk
Recreation Program Coordinator
Patricia M. Allen
Secretary
Telephone (586) 992-2900
Fax (586) 992-2999
Contact us at: parks-rec@macomb-mi.gov

PHASE II CONSTRUCTION



MACOMB TOWNSHIP PARKS & RECREATION
20699 Macomb Street, Macomb, MI 48042

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